

# Annual Report 2021 - 2022



## Name and Address

### Name of Organization

Open Learning Systems (OLS)

### Address

G3A/1, Gadakana Mouza, P.O. Mancheswar Railway Colony, Bhubaneswar 751017

## Genesis of Open Learning Systems (OLS)

Open Learning Systems (OLS) is the beginning of a realization of a common dream of professionals with expertise in various areas of human efficacy led by the indomitable spirit and commitment to the ideals of its founder Director. There was a crying need to ensure the rights of the children and adolescents, especially the disadvantaged ones. Initially, it started as a small venture for the protection of the Rights of the children, especially the differently-abled. However, soon it was felt that there is a need to have legal status to make this effort more effective. So, this small movement came into a formal platform, which was christened Open Learning Systems (OLS). Steps were taken to register this forum under relevant acts to give it more teeth and make the intervention widespread. Since its establishment in 1989, OLS has not looked back and it is contributing widely and strongly to the fight for the rights of the children, adolescents, women, and the physically challenged.

## Legal Status of OLS

Registered under the Indian Societies Registration Act, 1860 (Act of XXI) in the year 1989.	Registration No. 2205 - 468 Of 1988-1989 dated 18/02/1989
Registered with Ministry of Home under Foreign Contribution (Regulation) Act, 1976 in the year 2002.	Registration No. 104830091 dated 04/01/2002
Registered with Income Tax Authorities having its Permanent Account Number (PAN).	Registration No. AAATO1083F dated 18/02/1989
Registration under Rights of the Persons with Disabilities (RPD) Act - 1995	Registration No. 13/WCD of 2004 Bhubaneswar, Dt. 20.08.2004
Registration under National Trust for the Welfare of Persons with Autism, Cerebral Palsy, Mental Retardation, and Multiple Disabilities Act – 1999	Registration No. 301581032/MR/CP/AUTISM/MD dated 13/10/2002.
Registration with Rehabilitation Council of India (RCI) - 1992	Registration No. RCI/INS/OR/412 dated 14/09/2000





Registration under JJ Act, 2000 as a Children's Home for special children	Registration No - JJ Cell-28-2004/10293/WCD dated 27/04/2007
Registration under ARUNIM (Association for Rehabilitation Under National Trust Initiative of Marketing)	Registration No - ARN 3026 dated 19th May 2014



### **The vision of OLS**

OLS envisions a society that would provide a conducive environment for the all-around development of the unprotected sections of the society as a matter of their rights without any artificial barrier placed before them.

### **The mission of OLS**

To provide sustainable development for the debarred and vulnerable population with a special focus on children and persons living in difficult circumstances by acting as facilitators through community development, provision of education, vocational training, health awareness and service, shelter, nutrition, counseling, recreation, rescue & rehabilitation, repatriation, awareness on rights, emergency relief, and capacity building.

### **The goal of OLS**

Rehabilitation and mainstreaming of children and persons with disabilities, children in difficult circumstances, detention, and in distress, by utilizing the existing resources as well as by developing new avenues for rehabilitation. Ensuring proper implementation



of existing child-related laws and other special legislation through training, networking, and highlighting the concept of rights.

## Target Group

The main stakeholders of the organization are the children, adolescents, and women, especially those who are in a disadvantaged position. OLS works specifically for these categories of people:

- Children in difficult situations/circumstances including children with disabilities
- Destitute and exploited women
- Economically backward people including women
- Children with intellectual and developmental disabilities
- People using drugs and substances

## Geographical area of Operation

OLS is a state-level organization reaching out to all districts' stakeholders in need. It has a special presence in the districts of Khurda and Puri. However, it has collaborators in Keonjhar, Balangir, Cuttack, Kandhamal, Boudh, and Sambalpur districts. More than 40,000 people directly or indirectly benefited from various programs that are being implemented by the organization.



## Core Values

- Respecting every individual's Right to Life with Dignity
- Highly professional expertise being constantly upgraded
- Democratic functioning
- Practicing and promoting strongly secular values with an emphasis on the development of scientific temper and rational approach to individual and social problems
- Commitment to human values
- Fostering the capacity of individuals and societies as a matter of right.



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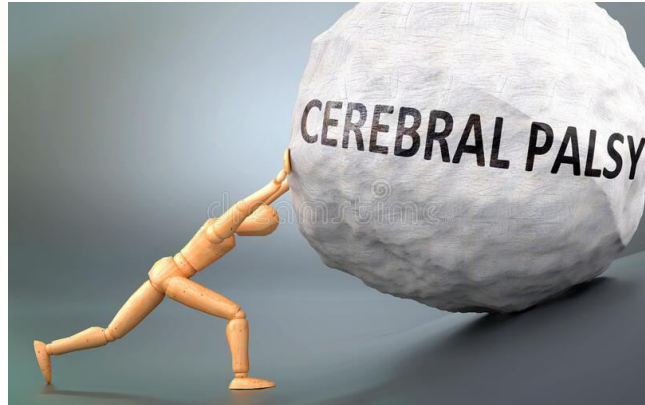


## Special Education

### Centre of Special Education for Children with Cerebral Palsy

#### Overview

Cerebral Palsy (CP) refers to a group of neurological disorders that appear in infancy or early childhood and permanently affect body movement and muscle coordination. More than 17 million people are living with Cerebral Palsy (CP) in the world. In India, the estimated incidence is around 3/1000 live births. CP



primarily affects movement, but people with CP may also have visual, learning, hearing, speech, epilepsy, and intellectual impairments, and the impact can range from a weakness in muscles to almost a complete lack of voluntary movement. Rehabilitation of the children with CP aims to reach and maintain optimal physical, sensory, intellectual, psychological, and social function.

OLS Centre for Special Education for Children with Cerebral Palsy has been providing a pathway for the all-around development of the children in special need by guiding them to stand on their own feet. The CP wing adopts an eclectic approach for special education, capacity building, specific individual interventions, group sessions, extension activities, and ability valorization to enable the children to lead life meaningfully with greater efficacy. The CP wing believes in working towards a teamwork approach with the professionals, parents, and the community at large. This has catered to the development of appropriate services for the children with cerebral palsy, and their parents/caregivers and has helped them achieve higher realms of meaningful survival, self-confidence, self-reliance, skill acquisition, all-around development, and grooming themselves as efficient national and global citizens. The CP Wing has worked towards achieving its mission and vision through various activities:

#### Diagnosis and Intervention Centre

Appropriate assessment and diagnostic measures are imperative for the development of intervention techniques, management, and rehabilitation apt for children with cerebral palsy. The CP Wing of OLS comprises a team of well-experienced professionals, viz. doctors, therapists, psychologists, and special educators who





Family counselling



Early intervention therapy session

contribute by extending their expertise and services to work with children and their families. New entrants to the wing are duly assessed with professional precision and after proper intake orientation as well as counseling; they are imparted suitable services based on their functional abilities.

An aggregate of 80 children received therapeutic interventions and special education through the Centre of Special Education for the children with cerebral palsy from 2021 – to 2022. Now we are providing therapies and special Education to residential and non-residential children. Our special educators and therapists are visiting the children at their residence as a part of the home visit program.

### Baby Clinic

Early identification and intervention play a vital role in improving the medical and psychosocial prognosis of the neurodevelopment condition. If left unattended during the early developmental years, cerebral palsy and its concomitant complications may prove to be fatal for the life of an innocent child. Owing to this, the CP Wing takes extensive measures to impart early intervention and care. The baby clinic provides early detection, screening, diagnosis, and intervention services for new-borns and babies up to three years of age. Physiotherapy, occupational therapy, eye-hand coordination, and fine motor and gross motor skill development are some of the core services provided by the baby clinic in addition to services by the pediatric specialist and parents' training/psycho-education. A total of 55 children including 35 males and 20 females benefitted from the baby clinic services during the year 2021-22.



Child is practicing walking on the parallel bar

## Physiotherapy Unit

OLS physiotherapy treatment is based on a number of hand techniques, exercises, and interventions to address functional impairments including muscle tone, strength, coordination balance and posture, mobility, and achieving an optimal range of motion. The neurodevelopment conditions and concomitant symptoms of Cerebral Palsy require the usage of Physiotherapeutic interventions. The Physiotherapy Unit of Open Learning Systems imparts extensive physiotherapy services to improve motor level functioning, postural regulations, and maintenance as well as muscle toning exercises to foster optimal physical functioning for children with cerebral palsy. Newer methods of physiotherapy like electrotherapy and radiation therapy are used to provide new technological therapies for the wellness of children. The physiotherapy unit aims to help the children regulate their body/physical functioning with greater efficacy to capacitate them for daily life functioning. More so, OLS trains the children to maintain normal posture and provides training on the use of gaiters and other external mobility aids. Activities are provided to improve fine motor function to improve coordination and normalize tone and strengthen the weaker group of muscles. The physiotherapy Unit of OLS has worked with 55 children including 30 males and 25 females from 2021-to 22.



Balance activities & Hand function activities

## Occupational Therapy



Sensory integration therapy

Children with special needs often benefit through the various interventions of occupational therapy. In particular, the sensory integration technique proves to be helpful for children with multiple disabilities. The occupational therapy unit of OLS imparts comprehensive therapy techniques to cater to the therapy needs of children with cerebral palsy and multiple disabilities. Therapies are planned after an in-depth functional profile of the children.

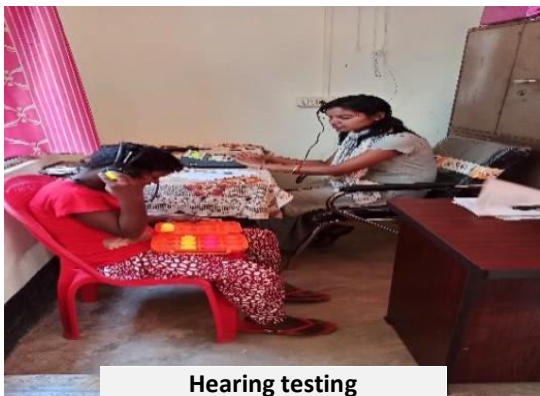


The OT unit provides inputs for sensory development and integration, fine motor skills, ADL skills, and other functional abilities of the children. Regular monitoring and evaluation of the condition/progress of the child are done to improve the functioning of the child and overall services. The provision of adaptive and assistive devices is also made for the children who are on the severe side of the spectrum of disability and for the children with the symptomatic need for such adaptive/assistive devices. The OT unit works in collaboration with the special educators to have appropriate discretion in the functional assessment and therapy goals of the child. During the current year 2021-22, a total of 11 children received therapeutic intervention services through the occupational therapy unit.



**Sensory integration therapy**

## Speech Therapy



**Hearing testing**

Speech, language, and communication serve as the major foundations of daily life living and other important aspects of life. The speech therapy unit of OLS works with children who face difficulties with speech, language, and communication. Following an appropriate screening of the functional speech modalities, speech therapy is provided to the children regularly. Our speech

therapist works with a child one-on-one, in a small group, or a classroom. She guides therapeutic exercises and activities to help the child overcome their issues. The activities include language intervention activities, articulation therapy; oral motor therapy, etc. Alternative Augmentative Communication tools are used for children who are non-verbal. Electronic equipment and new tools/improvised techniques are utilized for effective speech stimulation and communication. In the current year, 17 children were imparted speech therapy by the speech therapy unit of Open Learning Systems.



**Speech therapy**

## Home Based Management Program

Parent-teacher collaboration along with bridging the paths between the organization and the parents/families is the main aim of a home-based management program. Children who stay far away from the organization and cannot come to the school regularly are greatly benefitted from the home-based management program. Psycho-education of the parents and the immediate significant other/caregivers on the different dimensions of cerebral palsy, training parents and caregivers on the different techniques to understand and manage the challenges faced, prevention, and making the home environment child-friendly are some of the core features of the home-based management program. Parents can take training during the home-based Training Programme from the Physiotherapist at home. A total of 26 students were provided services through the home-based management program in the year 2021-22.

## Special Care Unit

Special care and attention are imperative for children with cerebral palsy and multiple disabilities. The special care unit of OLS looks into the intensive care and management of the children in the school environment. Training for carrying out Activities of Daily Living (ADL) is imparted with far greater care and special attention is given to those children to overcome their severe physical problems. Functional therapy and early stimulation are provided to these children. During the year 2021-22, 14 children including 10 males and 4 females benefited from this program.



Hand function activities

## Counseling Unit



Counseling



Eye hand co-ordination

The physical and psychosocial aftermath of disability tends to exert a negative impact on the life of the child with special needs and his/her parents/caregivers. In this scenario, counseling plays a vital role in enabling and empowering the children and

their families to cross-cut through different challenges related to disability. The counseling unit utilizes the OLS-Utkal Approach to counseling developed by Dr.



Pratap Kumar Rath. This approach to counseling is based on the foundations of psychological perspectives, the constitutional mandate, and the socio-legal aspects. Ensuring the Right to Life with Dignity of the individuals and imparting sensitized counseling sessions have been the major thematic approach of the counseling unit. During 2021-22, children with special needs and their parents have benefitted from 1 to 3 individual, group, and family counseling sessions.

### Special Education Activities

During the COVID-19 pandemic situation, the Centre for Special Education for the Children with Cerebral Palsy remained open for Residential students of Open Learning Systems. We maintained online classes and telephonic interaction with the children and their families from the 5<sup>th</sup> of May to the end of summer vacation.

### Play Group



Eye hand co-ordination

Playgroup is one of the pivotal wings of the CP Wing. Inculcation of special education and skill sets through the play way method of learning is the hallmark of the play group. A joyful learning method along with 'learning by doing' is adopted by the playgroup. This fosters better eye-hand coordination, logical and cognitive functions, gross motor skills, social skills, and behavior management. The playgroup has 10 students including 7 males and 3 females.

Utmost importance is given to therapeutic stimulation, early stimulation, positioning of a child, training in Activities of Daily Living (ADL), counseling the parents, and educational support. The activities are carried out based on the principles of child rights with a special focus on the child's right to life with dignity and in the best interest of the child.



Teaching self-help skill

### Functional Academics

Working in the best interest of the child at par with his/her functional abilities serves as the nucleus of the special education of Open Learning Systems. As part of enhancing the functional abilities and academics of the child, different techniques of special education are being put into action. Through functional academics, children are taught various functional skills and social skills like handling money, simple money transactions, the concept of weight and measurements, simple daily life

calculations, and so on. The functional Academics also serve as an educational and skill development hub for students with special needs/cerebral palsy who are admitted to different inclusive education settings. These include inclusive schools. Ramachandra Gagarai, Payal Rout, and Sonali Das were going to the regular

school for Inclusive education. The inclusive schools remain closed due to COVID-19. They were studying in the classroom. A total of 7 students including 3 males and 4 females have been successfully continuing their special education from 2021-to 22, with the help of the functional academics of OLS.



### Pre vocational Unit



Vocational skills are an integral part of the sustainable development and meaningful survival of an individual. Challenges and special needs should not be a limitation in the abilities and prospects



available for persons with disabilities. The prevocational unit of OLS works towards developing the vocational abilities of the students with cerebral palsy, required for pursuing a specific vocation. Prevocational training includes the skills and activities such as weight and measurement, functional mathematics, functional reading and writing, occupational skills, self-help skills, family life education, recreational activities, drawing, painting, group dance, music, and playing indoor and outdoor games. Vocational training focuses on grooming one's self and social behavior. Total 7 numbers of students including 4 male and 3 female benefitted from the prevocational training program during 2021-22.



### Family Life Education

Prevention of sexual abuse, bodily autonomy, coping with maturational challenges, and self-regulation across the lifespan is important for the safety and integrity of children with special needs. The sensitized and sensible staff of OLS impart family life education and sex education to the students. Utmost care and efforts are made to ensure the confidentiality, dignity, and integrity of the students. OLS has been a zero-



tolerance organization toward child sexual abuse. It trains its staff and students to be alert, sensible and sensitized toward care, protection, and prevention of abuse and its various forms.

### Extra-Curricular Activities



Group dance session

Recreation and sports are equally important as education and skill development. To foster the spirit of recreation, positivity, sportsmanship, teamwork and creative abilities, the special education wing of OLS takes active initiatives in helping children explore, develop, participate and express their extra-curricular activities. The students are exposed to dance and movement sessions, music, art, hydrotherapy, and many more exciting recreational activities regularly. Our students have successfully participated in a different state and national level special sports activities as well during the current year. The sense of cheer and self-confidence that are reflected in them through the extra-curricular activities is something worth cherishing.



Recreation time

### Home Visits

The children's homes are regularly visited by our special educators. This results in the special educator getting the real picture of the home environment of the special child and getting acquainted with the family members and assessing their competencies to deal with the special child. This helps in prescribing any aids and appliances or toilet specifications, access to accommodations, ramps, and disabled-friendly innovations that can be used or developed at home. The involvement of the family members in the progress of the child is tracked by the Open Learning Systems team which gives them a strong foothold in times of crisis to help the parents.

### Urban Slum outreach program

At Saliasahi Slum children with different kinds of disabilities have been identified through identification camps. After a thorough assessment and sensitization program, we have started the intervention program for 30 children with Cerebral Palsy during 2021-22. The children have since been coming to Open Learning Systems along with their



Parents training by the Physiotherapist

Parents/Guardians for Therapeutic (Physic, Speech) and Special Education Intervention.

### Academic Achievements Of our students

- K. Sohan appeared for class 10 examinations.
- Sonali Das and Ramachandra Gagarai are studying in class 3.
- Payal Rout is studying in class 6.

### Co-Curricular Activities

#### Independence Day Celebrated at OLS

75th Independence Day was observed with pomp and gaiety at OLS Campus. The ceremony was graced by Shri Prasanna Kumar Mallik DSSO, Khurdha as the Chief Guest. He deliberated upon the significance of the day while reiterating the onerous task of rebuilding the nation in the coming days. It was a joyous occasion for all the students, staff, and parents of children.



Celebration of Independence Day

#### Republic Day Celebration

On 26th January 2022 OLS celebrated Republic Day which was graced by Shri as the Chief Guest and inspired the students.



Celebration of Republic Day

#### Observation of World CP Day

We observed World Cerebral Palsy Day at the Open Learning Systems campus with the children of the Child Care Institution. The program was followed by an art competition among the children.



Celebration of CP Day



## Observation of International Day for Persons with Disabilities

International Day for the differently able was observed on the campus on 3<sup>rd</sup> December 2021. The annual observance of the International Day of Disabled Persons on December 3 was



Celebration of International Day for the PWDs

proclaimed in 1992. The observance of the Day aims to promote an understanding of disability issues and mobilize support for the dignity, rights, and well-being of persons with disabilities. It also seeks to increase awareness of gains to be derived from the integration of persons with disabilities in every aspect of political, social, economic, and cultural life. The theme for this year's IDPD was "Leadership and participation of persons with disabilities toward an inclusive, accessible and sustainable post-COVID-19 world".

## Teachers participated in different programs

- Ms. Diptimayee Rout participated in five days training program on life skill education for adolescent girls with ID conducted by Samartha with the support of the SSEPD Department, Govt. of Odisha.
- Ms. Diptimayee Rout attended five days (11<sup>th</sup> to 15<sup>th</sup> March 2022) module-making program for writing a handbook on Autism, conducted by OSEPA, Odisha.

## Centre of Special Education for Children with Intellectual Disability

Every child grows in his social world and the education pursued him in the formal institutional setting or otherwise includes to a great extent social activity to transmit a social selection of knowledge. Acquisition of knowledge through active involvement with content and not imitation or memorization of material are at the root of acquisition of knowledge. Here students should have autonomy for their own learning opportunities and for peer collaboration and autonomy encourages students to construct their own knowledge and gain new perspectives through hands on experiences rather than follow prescribed information.

Education is to help to generate and promote learning among the learners.

- ➡ Language abilities – listening, speaking, reading and writing.
- ➡ Communication skills- speech therapy, receptive and expressive language.
- ➡ Academic ability to develop logical mind.
- ➡ Understanding of the environment in its totality – natural and social.



- Knowledge and attitude and habits necessary for keeping physically and mentally fit and strong.
- Prevocational and vocational skills and willingness to work hard and dignity of manual work.

The emphasis on learner centered approach necessitates careful determination of objectives of education to be achieved at particular stages in keeping with the norms of physical, mental, social, emotional and normal development of learner.

In spite of pandemic situation of COVID-19 in the year 2020-21 all over the Country and State, School for the children with Intellectual Disability (ID) of Open Learning Systems (OLS) continues its efforts to provide learning experiences by providing self-learning material through online classes to children and parents to facilitate the growth and all-round development of the children. The education, we aim at, is more meaningful in that it enables our children to cope with the day-to-day living within the family with greater confidence and to ultimately face the community and defend their rights to a life with dignity. OLS has been providing service to children with varying abilities in the age group of 0 to 18 years through center based as well as home-based management.

Our groups are done on the basis of what exactly children are able to do i.e. his/her current level of functioning. Our priority is to help in the development of self – independent and self-sufficiency of the children. The task is very difficult because each special child is unique and in nature. Due to tireless efforts of the professionals and strong will power of our children to improve, the children showed their excellence in different field in national and international level. For the last 20 years our differently able children have been taking part in the Special Olympics movement at the state, national and the international level. It is a very special event not only for the children but also for the parents.

### **Grouping of Children with Intellectual Disability (ID):**

Grouping has been carried out as per the **Functional Assessment Checklist for programming (FACP)** developed by Department of Special Education, National Institute for Empowerment of Persons with Intellectual Disability (NIEPID), a premier institute for the persons with Intellectual Disability under Ministry of Social Justice & Empowerment (MS&JE), Government of India. It is based on the ability and chronological age into different levels such as:

- Preprimary Class (3 - 6 Years)
- Primary – I Class (7-10 Years), Primary – II Class (9 - 14 Years)
- Secondary Class (11 - 14 Years)





- Pre-Vocational Class - I (15 - 18 Years), Pre-vocational Class – II (15 - 18 Years)
- Care Class - Children with Low Ability (Profoundly Intellectual Disability)}

In Pre-primary & Primary group, the primary activities are activities of Daily Living Skills (ADL), Basic academic Skills, Social Skills, Art & Craft, and Music. Speech and occupational therapy form an integral part of their curriculum. Play as you learn is followed in the main areas of training in Self-help skills, Pre-academics, communication and socialization skills. In special cases that need 1:1 training are catered through Individualized Education Program (IEP). Regular parent teacher interaction assists in assessment and evaluation of the children in Pre-primary and Primary group.

In the Secondary group the children are trained in their basic self-help skills, language, cognitive, academic skills and extracurricular activities in a more structured form. Creative inputs like Music, Dance, Art & craft, Tabla, and Yoga form the part of their curriculum. Therapeutic intervention in speech and language development, occupational therapy, behaviour management programs are also provided simultaneously with the main learning schedule of the children.

As the children approach the threshold of adulthood, the young children with special needs are exposed to new goal in life. The training is focused on new avenues of independent living. The training is programmed to promote and develop vocational based skills. The children in the Pre-vocational group are exposed to functional academics. Developments of time concept, weights & measurements and money recognition and exchange are part of the training. They are also exposed to social skills and community orientation.

Special classroom and individual attention is provided for children with severe and profound level of children with intellectual disability, who are too old to remain in the primary group. Behaviour modification and special care facilities are provided to severe and profound group children. Special attention with multisensory stimulation are providing for children with Autism Spectrum Disorders.



### Break up of Children in different Classes:

Sl. No	Classes	Boys	Girls	Total
1	Preprimary Class	2	4	6
2	Primary-I Class	4	2	6
3	Primary-II Class	12	3	15
4	Secondary Class	9	5	14
5	Pre-vocational-I Class	11	5	16
6	Pre-Vocational-II Class	9	4	13
7	Care Class	7	4	11
	<b>Total</b>	<b>54</b>	<b>27</b>	<b>81</b>

### Major Activities:

- Early intervention
- Special Education
- Group teaching
- Individualized Education Program (IEP)
- Behaviour Management Program (BMP)
- Speech therapy
- Physio and Occupational therapy
- Pre-vocational training
- Sports & Games
- Art & Craft
- Music, Dance and Yoga
- Exposure visit, outing

### Teaching & Non-teaching Staff Position at Present:

- Principal – 1
- Special Education Teacher (Trained Graduate) – 1
- Special Education Teacher (Trained Intermediate) – 4
- Craft Teacher – 1
- Clerk -cum- Accountant – 1
- Attendants – 7

### Achievement at a glance during 2020-21:

#### CO-CURRICULAR ACTIVITIES AND ACHIEVEMENTS:

- On the occasion of **World Autism Day** i.e. April 2, 2021, staff from School for Intellectual Disability of OLS participated in the virtual meeting organized by SSEPD Department, Govt. of Odisha.
- On the occasion of **International Day of Persons with Disabilities - 2021**, a school level **Sports meet** and meeting was organized by the OLS. Our children participated in the sports meet and participated in different cultural activities.





Most of the children win the sports competition and awarded prizes by Prof.(Dr.) Ajit Kumar Mohanty, President of the organization.

### Observations in the Institution:

- **Independence Day** was celebrated by the organization in the campus. **Mr. Prasanna Kumar Mallick, District Social Security Officer, Khordha District** hoisted the flag, addressed the children and distributed sweets.
- **Republic Day** was celebrated in the campus with **Mr. Sushil Kumar Pattnaik, a well-wisher and adviser of this organization since inception of the organization** as the Guest.

### Exposure Visit of B. Ed. Special Education and other trainees to Special School:

- As part of their exposure-cum-multicultural placement programme, **thirty six (36) B. Ed. 1<sup>st</sup> year Teacher trainees** along with teachers of **Regional Institute of Education (RIE) NCERT, Bhubaneswar** visited the special school on 10<sup>th</sup> and 23<sup>th</sup> March 2021 for practical experience on education and management of children with Autism and Intellectual Disability.

### Internship of students from University for professional development:

- During the year 2021-2022, **(6) 6<sup>th</sup> year student** from Department of Psychology, Utkal University, Vani Vihar, Bhubaneswar undertook internship work on children with Autism and Intellectual Disability in different class as a part of their work to know the assessment, teaching procedure and teaching strategies.

### Workshop/CRE program attended by the Staff Members

- Mr. Manatosh Behera, Principal attended State Level Workshop on **“Development of handbook for teachers and parents of CWSN”** held from **11/03/2022 to 15/03/2022 at OSEPA, Bhubaneswar.**

### Staff Members as Resource Person:

- Mr. Manatosh Behera, Principal, Mr. Damodar Dash, Special Educator (TG), Mr. Bibhuti Bhusan Nanda, Ms. Sasmita Mohapatra, Ms. Gita Panda, Mrs. Sradhanjali Mohanty, Special Educator (TI) respectively and Mr. Priyabrata Das, Craft teacher had taken the **online classes for Parents and Children with Intellectual Disability and Autism for facilitating the growth and all-round development of the children in pandemic situation of COVID19 at SISER organized by SSEPD Department, Govt. of Odisha.**
- Mr. Manatosh Behera, Principal act as a resource person in Continuing Rehabilitation Programme (CRE) on **“understanding and Applying the Right to Information Act”** on 3<sup>rd</sup> September 2021 approved by Rehabilitation Council of India (RCI) New Delhi in virtual mode organized by Open Learning Systems, Bhubaneswar from 2<sup>nd</sup> September to 4<sup>th</sup> September 2021.
- Mr. Manatosh Behera, Principal act as a resource person in Continuing Rehabilitation Programme (CRE) on **“Curriculum Adaptation for Children with Cerebral Palsy”** on 1<sup>st</sup> October 2021 approved by Rehabilitation Council



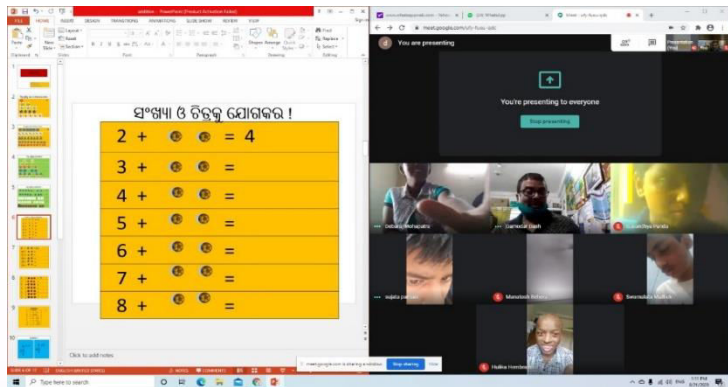
of India (RCI) New Delhi in virtual mode organized by Pingalakhi Public Welfare Organization (PPWO) from 1<sup>st</sup> & 2<sup>nd</sup> October 2021.

- Mr. Manatosh Behera, Principal act as a resource person in “**Capacity Building Training of BEOs, ABEO-cum-BRCCs, CRCCs and BRPs (CWSN) on Inclusive Education**” organized by SAMAGRA SHIKSHA, MALKANAGIRI on 13<sup>th</sup> and 14<sup>th</sup> December 2021.
- Mr. Manatosh Behera, Principal act as a resource person in “**Capacity Building Training of BEOs, ABEO-cum-BRCCs, CRCCs and BRPs (CWSN) on Inclusive Education**” organized by SAMAGRA SHIKSHA, Jajpur on 29<sup>th</sup> and 30<sup>st</sup> March 2022.

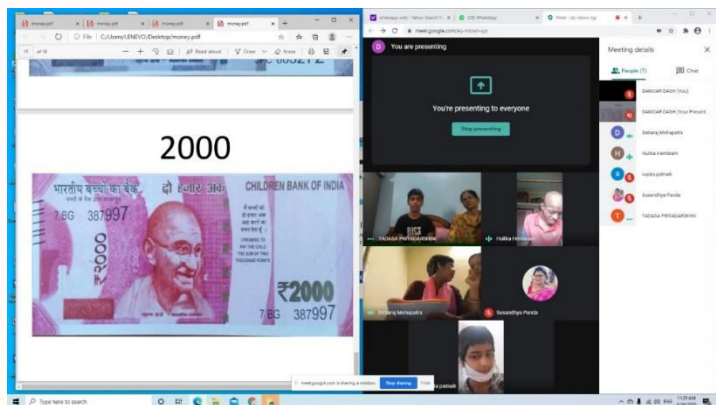
### Staff Members attended as Coaches Training Programme on Sports & Games organized by Special Olympics, Bharat:

- Ms. Gita Panda, Special educator attended the **National Coaching Camp as a coach** on Floor Ball from 6<sup>th</sup> to 11<sup>th</sup> March 2021 held at Bilashpur, ( Kahlur town) Himachal Pradesh along with 3 (2 Female + 1 Male) intellectual Disability children.
- Ms. Sasmita Mohapatra, Special Educator attended the **State Game as a Coach** on Athletics and Football organized by SADBHABANA, Keonjhar from 8<sup>th</sup> to 9<sup>th</sup> February 2021.

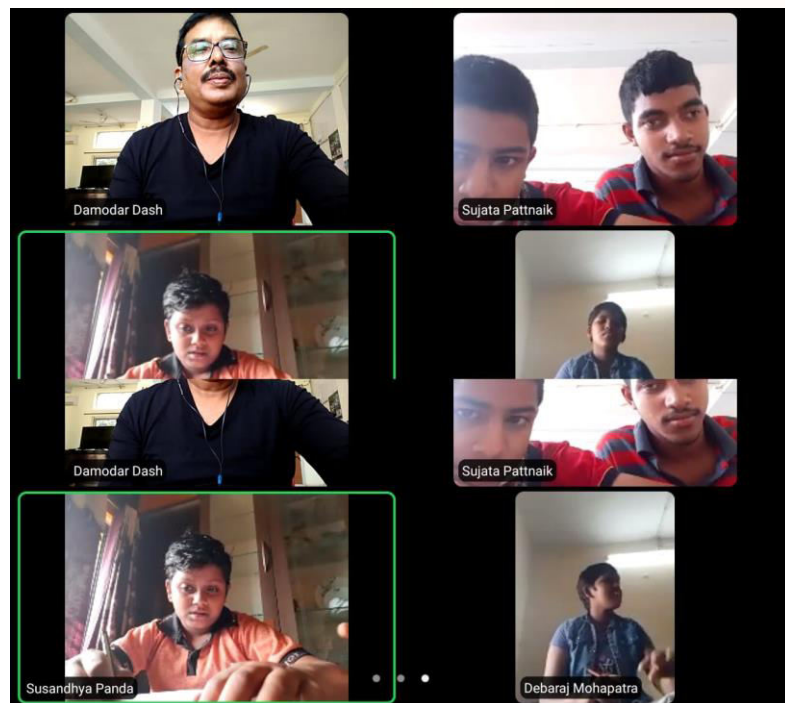
### ONLINE CLASSES PHOTOGRAPHS OF SECONDARY GROUP



During online class of Secondary group

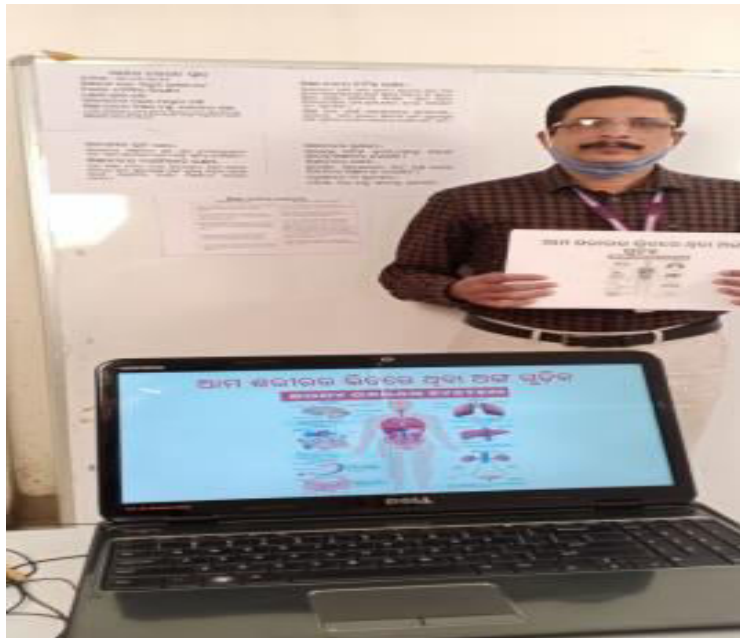
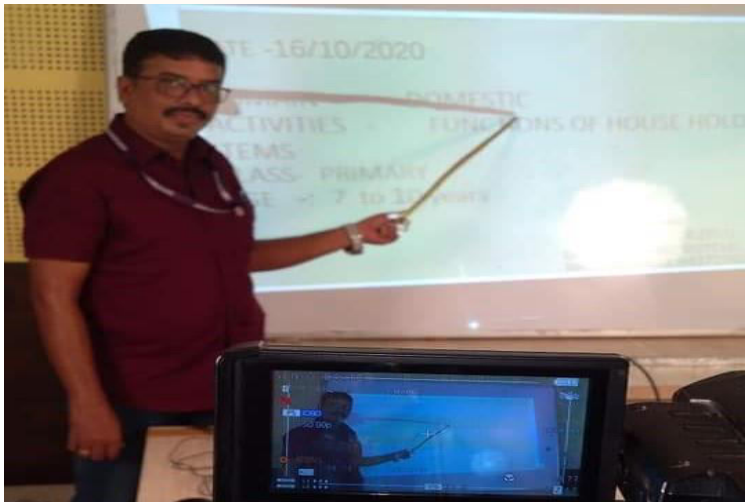


Money exchange class of Secondary group





## TAKING ONLINE CLASS AT SISER FOR SECONDARY GROUP CHILDREN





Fine motor activity activities by pre-vocational -I



Learning through ICT materials



Participating as R.P in world Down syndrome day awareness programme, PARIVAAR



Participating Samarthya capacity Building of Special Educators 14<sup>th</sup> to 18<sup>th</sup> December 2021



Taking class in state level programme on 1<sup>st</sup> & 2<sup>nd</sup> October 2021





## Community Outreach

### Community Based Inclusive Development Programme (CBID)

To provide care, protection, education, and rehabilitation to every child with a disability in the community, OLS has been implementing the Community Based Inclusive Development (CBID) In a program with the support of the Adoption Centrum of Sweden. This program aims to empower the children with disabilities and their parents/guardians/family members to protect and realize the rights of the children with disabilities with the active support of the elected peoples' representatives, teachers, health workers, SHG members, school management committees and community-based organizations by orienting them with knowledge and information and developing their skill on protection and realization of the rights and entitlements of children with disabilities using advocacy tools. The project aims to ensure that no child with a disability is exploited, neglected, abused, or abandoned and that the community responsibly discharges its duties so that the children with disabilities lead a life with dignity as enshrined in the Constitution of India.

The organization provides home-based management services which include family counseling, facilitation for enrolment and education in the mainstream schools, linkages with various schemes, and promotion of independent living of children with disabilities in their activities of daily living.

The Project “Community Based Inclusive Development Program for Children with Disabilities” is being implemented in 48 villages under 6 Gram Panchayat of Nimapada Block of Puri District by covering 270 children with disabilities. Major activities carried out during 2021 - 2022 under the CBID program are as follows:



Child Protection has been the mandate on which OLS's policies are based. It developed and implemented the Policy a long time back. All its staff members are aware of its provisions. During the period the project identified new 50 children with disabilities in 12 newly identified villages under 6 G.P of the project area by conducting 12 focus group discussions. All the identification was made based on data collected from AWC and conducting 12 focus group discussions with

local stake holders. All the IEPs of 50 children with disabilities have been prepared for their development. Monthly follow-up and home visit activities and interaction with the family and community members have been carried out by the OLS staff and the Therapists.

As parents are the caretakers of the children, they should create an environment where children can grow up and develop their potential and be safe and healthy. Similarly, parents can create a suitable space, where children can express their thoughts and feeling. Keeping the above in view, OLS during the year organized 6 interactive training programs among the parents on children's different health and nutrition issues and prevention at 6 G.P. of the project area.

12 SRHR training for adolescent girls and boys was conducted by giving importance to the sexual and reproductive rights of adolescent girls to access the correct information and services to positively influence their sexual health. Sexual and reproductive health and rights are fundamental human rights that are related to sexuality and reproduction. These rights allow people to make informed and meaningful decisions about their sexual well-being.

During the period, 12 inclusive children's clubs have been formed in 12 newly identified villages in the project area. During the meeting, a discussion was made on their rights and COVID 19 pandemic and 12 capacity-building training programs has been conducted among the newly formed inclusive children club members on children's different health issues and presentations. Discussion on demerits of junk food, hygienic problems during child age, use of nutritious food, and precaution taking during the pandemic. During the period awareness programs were conducted for the inclusive children's club members in two phases, the first covering the COVID 19 and the second covering the Health and Nutrition for Children.



During the period 6 interactive sessions have been conducted in 6 G.P. with the Panchayat level duty bearers of the project area and a block-level workshop has been organized on CBID activities carried by OLS. The main objective of the activities is to increase access to knowledge, and skills for advancing inclusion and realization of rights of the children with disabilities. During the discussion, the discussion was made on the different activities carried out by the OLS for the increased physical and intellectual development of the children with disabilities and the sustainability of the project activities in the 6 G.P of the project area.

The project took up the issue of personal health and hygiene of the people as it became vital due to the outbreak of COVID - 19 and to prevent its spread. The Project conducted the awareness and sensitization for the target children, parents, and adult support groups in the whole operational area. The lockdown was a major challenge in





communicating and arranging the events but with the rapport of OLS with the communities, these programs could be conducted by adhering to the Government guidelines.

Women's participation has led to the real empowerment of the project area. Presently, their

participation in all the project activities has been deeply accepted by their families and community members which is increased their self-confidence for participation in their development

The general children, through the activities of children's clubs, have become proactive. They are now interested to place their various issues about their rights on the proper platform. Training children club members on the rights of children and environment protection have enhanced the capacities of children to speak, ask questions, and take proactive steps on various environment protection issues. The attitude of teachers of regular village schools has changed to a great extent and now some teachers in the schools of the project area are showing interest and motivating their peers to promote inclusion in extra-curricular activities.

The project brought significant changes in the attitude of the parents of children with disabilities. Their level of knowledge on the protection of rights of children with disabilities has increased. Specific effort in creating opportunities for children with disability in participating in Special Olympics at local, state, and national level has brought about large-scale awareness among the community peoples that children with disability have talents like any other children. Children with disability have shown much improvement as compared to that before. The awareness among people about their responsibility in promoting and protecting the rights of children including children with disabilities has enhanced to great extent. Information was also shared on Special Olympics and how it can help provide an opportunity for the growth and development of their children and let them lead a life.

### **Gender PARity activities with students of classes 8<sup>th</sup>, 9<sup>th</sup>, and 10<sup>th</sup> at the village level**

There is a gender imbalance prevalent in the rural society in terms of their participation in the



decision-making process and participation in general. OLS always tries to empower adolescent girls, women & SHG members on their rights and participation. OLS organized gender PARity awareness activities with girls of classes 8<sup>th</sup>, 9<sup>th</sup>, and 10<sup>th</sup> at the village level in 8 Gram Panchyat of the Nimapada Block with the support of Transform School, people for Action.

Before implementing the PARity program OLS has identified 10 local facilitators and all facilitators from OLS attended virtual Transform PARity training conducted by PFA. All the facilitators were trained and provided with a PARity facilitator handbook for their reference.

The identification of the village was made according to the percentage of girls attending their regular classes which is the main objective of the program to empower them in the decision-making process. 64 villages were identified in 8 G.P of the project area.

In our district, the level of knowledge of the gender issue is very poor, especially in rural areas. OLS takes over the responsibility to create awareness among the girl students of the Nimapada block of Puri district. OLS conducted 64 programs in 8 Gram Panchayat by covering 1511 girls in 64 villages as follows:

Sl No.	Name of the G.P.	No. of villages covered	No. of participants
1.	Kothakusanga	2	60
2.	Dhaleswar	11	281
3	Alanda	10	243
4	Sainsa	4	82
5	Uchhupur	14	341
6	Gopinathpur	11	234
7	Sagada	5	115
8	Rench	7	155
	<b>TOTAL</b>	<b>64</b>	<b>1511</b>

It is learned that community people have taken an interest to gain knowledge on gender equality, but due to a lack of proper awareness, they do not have received any knowledge on the topic. Presently, community girls are taking an interest to create awareness among their parents and motivate them to take an interest in their future dream to fulfill. After the workshop, their confidence level increased. All the girl participants



have been sensitized and showed their interest to move forward, however, due to the lack of awareness among the parents, their interest fell and they have not expressed their views in front of their parents. So, we think parent sensitization programming should be carried out in this regard. Conducting such types of training related to school-going children is very helpful for village areas. A little bit of encouragement and awareness to our children makes them good learners in the future.

## Rehabilitation of Physically and Mentally Challenged Socially Disadvantaged Persons

This project is supported by the Department of Social Security & Empowerment of Persons with Disabilities, Government of Odisha. Various activities undertaken during the reporting period are as follows:

- Nutrition kits provided to the beneficiaries of Salia Sahi, Puri during May and August 2021.
- Regular physiotherapy and speech therapy are provided to the beneficiaries at OLS, Bhubaneswar, and Puri by engaging the physiotherapists and the speech therapist.
- Hygiene kits were distributed to all the 56 beneficiaries.
- Home visits were made during the lockdown period to extend the services at the doorstep.
- 40 beneficiaries including 10 of Salia Sahi and 30 of the Child Care Institution of OLS were provided physiotherapy and speech therapy for 5 days a week at the campus of OLS, Bhubaneswar.
- Regular psychosocial and psycho-personal therapeutic interventions are also provided by the psychologist.
- A counseling session for parents of the beneficiaries of Puri District was organized at Puri. Ms. Arpita





Mohapatra coordinated the entire session. Ms. Dipti Das, Member of CWC Puri, and Ms. Sagarika Sahoo, Principal, Centre for Special Education of Children with Cerebral Palsy, OLS gave their valuable suggestions in this technical session.

- In Bhubaneswar, the interaction with the parents is being conducted once a week where the progress of the beneficiary vis a vis the progress envisaged in the Individual Education Plan (IEP) and the support of the parents are discussed. The special educator and the psychologist engaged in interacting with the parents.
- Some of the residential beneficiaries of OLS imparted training on *Rakhi* and *Diya* making by the vocational training instructor. Some of the beneficiaries also received training on food serving, selling groceries, and other food items. As there is a felt need for engaging the older beneficiaries in making Diya for the occasion of Diwali, vocational training like bakery, laundry, grocery outlet, restaurant, housekeeping, etc., it was decided to engage the services of a Vocational Training Instructor. Some of them received training in the bakery and the laundry too. The objective is to develop their skills to make them independent or to be in a position to work with minimal assistance and supervision.
- Two of the beneficiaries from Bhubaneswar participated in the 61<sup>st</sup> State Swimming Championship held at the Biju Patnaik Swimming Complex at Kalinga Stadium in Bhubaneswar on 23rd and 24th September 2021 jointly conducted by



the Odisha Swimming Association and the Department of Sports & Youth Services, Government of Odisha. It was an untiring effort of Ms. Arpita Mohapatra, an internationally acclaimed swimming coach who strove for the promotion of inclusion. Her efforts bore fruit as Dadhichi and Priyaranjan learned swimming and practiced under her supervision before being allowed to participate in the prestigious state championship. They not only participated but also received medals from the Joint Secretary of the Government of Odisha.



- It is decided that Nutrition and Hygiene kits shall be distributed to all the beneficiaries every 3 months.

### Opening of the Sensory Integration Space on the occasion of Children's Day

On 14<sup>th</sup> November 2021, a Sensory Integration Space was opened and inaugurated by Shri Prasanna Kumar Mallik, DSSO, Khurda. He also distributed Hygiene Kits and Dry Rations to the



Children's day celebration



Sensory space inauguration

beneficiaries of the Therapeutic Intervention Programme. The Space was created with the support of the SSEPD Department, Government of Odisha.



### Success Story: 1

14 years old Tulasi with multiple disabilities is an inmate of the Child Care Institution of OLS at Bhubaneswar. With the focussed training and counselling she is able to do her own chores independently, does roll rotis and pours drinking water into a water



bottles. She has also developed a liking for sports and participates in skating and swimming on a regular basis apart from playing outdoors with her peers everyday.

### Success Story: 2

22 years Tiki is a woman with Intellectual Disability. She has a kind of disability that is characterized general learning disability. It is a condition in which the brain does not develop or function properly. She sometimes suffers from epileptic attacks which make her more down and depressed. She has become independent and takes care of herself,



and most of the time others. She responds to the people, whom she comes in contact with and smiles at them. Sometimes she becomes more stubborn and moody kind. She needed improvements in different aspects of life. She had poor social skills, a deficit in memory, and problems in coping. She rarely shows any aggressive behaviour and never throws any temper-tantrums. Informally communicating with her, and spending time with her, she gradually started enjoying the conversation. From time-to-time feedback, encouragement, motivation, and constant psychological support have made her more confident and created her interest in different activities. Now, her concentration and span of attention have been improved. She has become aware of the situation around her. As a result of counseling, she is now feeling more comfortable and getting adjusted to the situation, as it comes to her. She is making herself more productive and worthwhile than before.

### Success Story: 3

18 years Debu is a female with Cerebral Palsy. She is a neurodevelopmental disorder girl, which somehow restricts her. Certainly, she has different skills, which differentiates her from others. She is found with very disciplined mobility. She is a girl having empathy for others and always bears a smile on her face.



She gets pleasure by rendering services for others. She speaks very limited words. Despite all that she has some special needs, which are here taken into consideration.



There is a need to bring changes in personal, social, emotional, and sensory aspects of her personality.

Behaviour therapy has empowered Debu to respond to challenging situations more effectively. It has helped her to develop certain life skills and to manage stressful situations. This therapy has helped her to develop friendships, find acceptance, reduce anxiety, obtain coping skills, maintain focus, complete the task given to her and resolve relationship conflicts. Through counseling, she has become stronger enough and developed an identity of her kind. Through role-playing activities, life-skills training, and conditioning, she has improved a lot. Constant psychological support has improved her sensory organs, so that, she has been able to receive the information from the environment properly.

Counseling has helped her to develop positive thinking like feeling happy, getting



pleasure out of small things, and feeling content, and has so far managed to control her negative emotions. It has helped her to learn and cope with the complexities of life.

## Training Centre for Professional Training

### Diploma in Education - Special Education - Cerebral Palsy (D.Ed. SE-CP)

For the last 22 years, OLS has been conducting a two-year full-time training course “Diploma in Education, Special Education, Cerebral Palsy (D.Ed. SE.CP) approved by the Rehabilitation Council of India (RCI), New Delhi to address the emerging need of developing a cadre of professionals to support children with special needs. To date, 21 batches have completed the Professional Education. The centre is equipped with infrastructure, human resources, expertise, and experience to run the RCI-recognized course in this field.

The training centre provides both theoretical knowledge and practical experience in dealing with children/ persons with cerebral palsy, autism, intellectual disability, and



multiple disabilities under various circumstances. The centre has adequate capacity to handle behavior problems of the children, self-help skills and independent living skills guide the family regarding available services and assistance facilities. Almost all trainees who have passed out from the centre are successfully working with various Government and Non-Governmental organizations.

During the year 2021-22, the batch strength was 8 in the first year and 15 in the second year. Due to the pandemic situation this year, the admission process started in November 2021 and was completed by January 2022 and the regular classes started in March 2022.

Classes are conducted regularly to complete the course syllabus. Besides regular internal faculties, during this year the services of 10 guest faculties were mobilized for imparting specialized classes on specific subjects. The Core Faculties and the Guest Faculties in the training centre are chosen from among a host of eminent educationists and activists from the field including retired professors from reputed universities.

The trainees gain practical experience regularly as the institute is attached to the special schools for children with autism, cerebral palsy, intellectual disability, and multiple disabilities run on the same premises with nearly 200 children. Speech therapy and physiotherapy units are also attached to the centre which is an added advantage for the students of the diploma course.

As part of a Continuing Rehabilitation Education (CRE) program, the centre conducts various programs from time to time. In the recent past a program “Understanding and Applying Right to Information ACT” was conducted from 2nd September to 4th September 2021 in which 30 rehabilitation professionals from across the state participated and upgraded their knowledge and skills. Given the COVID 19 situation. The training program was organized in a virtual mode. Dr. Dillip Kumar Nayak, Regional Centre In-charge (Bhubaneswar), Odisha State Open University joined as a guest for the inaugural session and interacted with the participants. Mrs. Kasturi Mohapatra, former Commissioner for Persons with Disabilities of Odisha was the Guest at the closing function. She encouraged the participants to make use of the Act for the Persons with Disabilities as well as for the betterment of society.

As part of the training curriculum, the trainees are provided with exposure visits to different local and national institutions to get a first-hand experience of the best practices. Owing to the travel restrictions given the Covid-19 pandemic, this year the same could not be conducted.



### **Achievements**

The final result of 2<sup>nd</sup>-year students 2019-21 batches was declared in September 2021. Ms. Lipika Mohanty secured 1st position with 93% marks. The final result of 1<sup>st</sup>-year students for the 2020-22 batch was declared in January 2022. Ms. Soudamini Behera secured 1st position with 89% marks.

### **Celebrations and Participation in various activities**

The staff members of the Training Centre participated in the celebration of Independence Day on 15th August 2021 and Republic Day on 26th January 2022 on the campus of the Open Learning Systems.

Mrs. Manjushree Pattnaik, Principal/Course coordinator was deputed as visiting expert by the Rehabilitation Council of India (RCI), New Delhi for conducting an assessment 'At Tecnia Institute of Teacher Education, New Delhi on 2nd January 2022.

Mrs. Manjushree Pattnaik joined as a resource person for the development of a handbook for teachers and parents of CWSN from 11.03.2022 to 15.03.2022 at OSEPA Conference hall organized by OPEPA, Bhubaneswar.

## **Child Protection**

### **Childline Nodal Agency**

Open Learning Systems (OLS) has been working with children for their protection of rights and emphasis on children in difficult circumstances for more than 25 years in Odisha. Since 19th November 2001, Open Learning System has been working as a CHILDLINE Nodal agency.



The working place of Open Learning Systems (OLS) coordinates with Collab agencies of "BASUNDHARA" Cuttack. The OLS is a Nodal agency for the Cuttack district. So that we conducted training and advocacy in the district as well as state-level awareness to ensure better services for children and society. As a Nodal agency for Cuttack district, we are always trying to make good coordination with Collab agencies and district administration in the context of programs, awareness campaigns, training & advocacy, etc. as per the guidelines of CIF.





The collaborative organizations are working 24 hours in Cuttack and provide essential services to children in distressed conditions. Besides telephoning conversations, the Collab agency undertakes many other activities & programs to monitor the activities of CHILDLINE staff through team member meetings, and coordinator meets. Open house & Outreach program with CWC, JJB, and Police as well as concerned departments that are working with children. So, at different times OLS organized training, seminar, and workshop for team members, police personnel, and the protection of distressed children.

### **Coordination meeting of CHILDLINE at the city level for discussion on the issue**

A total of 88 meetings were held during 2021 – 2022 including 52 weekly meetings in every Saturday with the team members and 12 Monthly meetings with the team members at Basundhara, Cuttack; along with 12 coordinator meetings with the coordinator, Cuttack; and 12 Director meetings with Nodal director at OLS, Bhubaneswar. The aims of different level meetings held during the period were as follows:

- Aim of the weekly meeting was to discuss a day-to-day activity, intervention with medical cases, rescuing children, intervention with police, producing children before CWC, outreach and awareness program in different schools under Tangi block, open house discussion, and data collection procedure.
- Similarly, a monthly meeting was a platform for sharing problems, issues, and conflicts with other CHILDLINE members and preparing strategies to deal with a conflict situation.
- Aims of coordinator meeting to a discussion about weekly activities along with daily activities of CHILDLINE members. Area selection, awareness campaigning, and capacity building of “CHILDLINE” members in a weekly meeting.
- And the aim of the director’s meeting was a discussion about the daily activities of CHILDLINE members. Area selection, awareness campaigning, and Outreach program. Also, it is a platform where CHILDLINE members share their field-based problems in front of both directors. Directors are suggested for a further field action plan for collecting data of children under Tangi Block.

### **Childline Nodal Agency Activity Reports**

As per the Guidelines of the CHILDLINE India Foundation, the Nodal Coordinator regularly visits the Collaborative Agency, Basundhara for monitoring and smooth implementation of the CHILDLINE project. OLS has always deliberated its support to organizing and conducting different programs to sensitize and make people aware of the role and responsibility of CHILDLINE and reach children in distress throughout



the district through outreach programs, open house programs, meeting with stakeholders, and training regarding different child-related issues, CHILDLINE Se Dosti program.

### CHILDLINE SE DOSTI Programme

CHILDLINE is India's number one helpline service for children in need of care and protection for 24x7 Hours of Free telephonic Emergency service. Every year CHILDLINE India Foundation celebrates a week-long program in the name of CHILDLINE SE DOSTI PROGRAMME celebrated through all Nodal, Collab, Support, Sub-Centre and Railway CHILDLINE all over India to popularize the CHILDLINE-1098 messages at the grass-root level for the benefit of children. Likewise, CHILDLINE Cuttack Nodal/Collab Agency Collaborative Organization has been celebrating

the CHILDLINE SE DOSTI program with great enthusiasm for the best interest of children to create a child-friendly environment since 2010. This year CHILDLINE Cuttack has celebrated this dynamic festive occasion, the CHILDLINE SE DOSTI program with a renewed spirit from 14th November, an auspicious children's day to 20th November 2021 International Child Rights Day.



CHILDLINE SE DOSTI Programme celebrated by CHILDLINE Nodal and Collab unit



### CHILDLINE "WALL PAINTING" at the different Block Level

CHILDLINE is India's first 24-hour, toll-free, phone outreach service for Children in need of care and protection. It supports children in distress through 1098, a helpline phone service for Children. To strengthen the CHILDLINE services the Childline India Foundation, Ministry of WCD and Government of India have been conveyed to us to put wall painting on the Block office premises which is better and easily visible to people coming to block office and then know aware about the services provided by CHILDLINE. Open Learning Systems as a

CHILDLINE Wall painting in different blocks Cuttack district





Nodal Agency of the CHILDLINE Cuttack is responsible for creating awareness regarding CHILDLINE services. Through the wall painting on 14 blocks, we can spread awareness among the people and children that they are aware of CHILDLINE 1098 telephonic 24-hour emergency helpline service for the children in difficult situations who need care and protection.

As a Nodal agency, it is our responsibility to strengthen the CHILDLINE services. So, CHILDLINE Cuttack was done wall painting in 14 blocks of the Cuttack district (Athagarh, Badamba, Narasinghpur, Tigiria, Banki, Damapada, Baranga, Cuttack Sadar, Kantapada, Mahanga, Niali, Nischintakoili, Salepur, Tangi-Choudwar). Nodal Coordinator has visited all the block offices of the Cuttack District and met with the Block Development officers and Section officer of that concern area block and discussed them regarding the purpose of visit and requested to provide a place premises of their block office for Wall painting and also discussed regarding the CHILDLINE.

### Bag Distribution among the Stakeholders in Cuttack

As a Nodal agency OLS creates awareness among different Stakeholders in Cuttack District, three days in weekly visits by the Nodal Coordinator to different areas met with different Stake Holders visit with the staff of Collab across Cuttack city for creating awareness among the Stakeholders and local people through a different way.



Awareness activities through bag distribution with CHILDLINE logo by CHILDLINE Nodal

Nodal coordinator visited to Child welfare Committee, District Child Protection Unit, District Child labor Office, CMPO, IIC of Cuttack district. The main objective is to spread the CHILDLINE services and protect every child from the different vulnerable situations.

### Training and Orientation Programme

The nodal agency had organized a training and orientation program among Anganwadi workers for the promotion and management of Children with SAM at Basundhara Conference Hall supported by Collab, Cuttack. In this orientation program, 45 Anganwadi workers joined and were trained by our Resource person.



Role play and Activities done among Anganwadi workers at Basundhara Conference Hall



The nodal agency creates awareness regarding Child Rights different laws and legislation related to Children then after discussion regarding Child Health and child growth development. A discussion was made on the management of children with severe malnutrition in and hospital setting. All the workers shared their experiences.

### **Conceptual Clarity on Child Rights and Role and Responsibilities DCPU, CWC, and CHILDLINE**

The training on Conceptual Clarity on Child Rights and Role and Responsibilities DCPU, CWC, and CHILDLINE has been organized by CHILDLINE Nodal support by Collab and considering the norms and vision of Child India Foundation to aim and objective expected to be fulfilled by CHILDLINE Nodal Cuttack for Cuttack District, by involving children to ensure their rights and protection. This program was conducted in a rural area 150 km away from Basundhara Cuttack with the objectives as follows:



**RP Ms. Mandakini Jema in the Conceptual Clarity training**

- To reach every rural area in Cuttack District and create awareness regarding Child Rights.
- To reach out to every child in the Cuttack district to provide them safety in a secure environment.
- To identify the gap between the Children and other services.
- To find out the problems of children who live in rural areas.
- To provide opportunities to empower children specifically on child protection and safeguarding.
- To ensure that every child knows about their rights and protection.
- To be aware of Children's Rights from different Acts and rules.
- To be aware of CHILDLINE services and 1098, 24 hours emergency-free telephonic outreach services.
- To spread awareness regarding the role of CHILDLINE, CWC, and DCPU among Rural people.
- To Develop Rural Children.
- To Develop the Capacity of Rural people for children.

In the first Session Mr. Chita Ranjan Mohanty Member Expert, CWC, Cuttack welcomed all the participants and guests and expressed his concern about Child marriage; which is the biggest issue in this area. He asked every participant whether they know about the legal age of a Child and the legal age for marriage of every girl and boy.

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In the second session, Ms. Mandakini Jema, Chairperson of CWC, Cuttack, welcomed all the guests and participants and thanked CHILDLINE for Organizing this program in such a long distance where people need this program and people must have aware of the child rights in this area. She discussed different issues in that area with the people and asked them what the issues of that area related to the Children and their awareness regarding Child Rights, CHILDLINE, CWC, and DCPO. She described the CHILDLINE. After that, she broadly described the Role and responsibilities of CWC, DCPU, and CHILDLINE.

The Third Session was conducted in an activity, interactive and participatory manner, where every child participated in different activities. As our Resource person Prof. Pratap K Rath, Director of CHILDLINE Nodal Cuttack District, started from JJ- Act 2015 and amendment Act 2021, which is a very prominent Act for the children who



**Prof P K Rath as resource person discussed regarding different law and legislation on Child Rights .**

need Care and Protection. The Act mostly emphasizes three categories of children Children in need of care and protection, Children in conflict with the law, and Children in contact with the Law. Prof. P K Rath explained that before implementing such an act, we have to understand about Juvenile Justice System and the important roles of different stakeholders who are directly responsible for ensuring Child Rights. Dr. Rath also emphasized and pointed out the social and psychological factors of the children in need of care and protection and out conflict with the law. He also spoke about the unconventional provision in INDIAN CONSTITUTION. Prof. Rath also spoke about different ethics, principles, and values incorporated in the guideline for Children. Finally, it was a wonderful and effective program; overall it achieved its objective. We build a good rapport with all children and people in the locality through this program.

### **Training & orientation for Children on Child Rights & Child Protection among the Children's Club, Cuttack**

CHILDLINE Nodal organized a Training and Orientation Programme regarding Child Rights and Child Protection on 30<sup>th</sup> March 2022 to impart knowledge among the children's Club through the concerned stakeholders about the aims and objectives of CHILDLINE. The Training and Orientation program was held at Basundhara Conference Hall with the participation of Seven Children's Clubs, Community

Leaders, and Anganwadi Workers. A total of 70 children and 15 Community leaders and Anganwadi workers were present in this Programme. The program was organized by Open Learning Systems (OLS) in collaboration with Basundhara with the Support of the CHILDLINE India Foundation (CIF). Mrs. Saila Behera, Director of CHILDLINE Cuttack, Mr. Chittaranjan Mohanty (CWC, Member Expert), and Mr. Ganesh Mohapatra (Social Activist) were present in the program as resource persons. The resource persons briefly described all about roles of CHILDLINE, our Constitutional system, and the legislation for Children. In the said program Mr. Narayan Shukla, Centre Coordinator, CHILDLINE welcomed all the Participants and stated the aims and objectives of the Programme. Then one by one Resource Persons and guests delivered their valuable comments, Suggestions.

Mr. Chitaranjan Mohanty, CWC, Member Expert, Cuttack described Child Rights and Constitutional rights. He discussed the Role & aim of the Children's club. He suggested creating a WhatsApp group among children's club leaders and daily connecting with CHILDLINE; sharing and updating their issues daily. He asks children's clubs to share their issues one by one; every club member described their issues related to their community. After that Mr. Chitaranjan describes & suggested the role and responsibility of the Children's Club such as Children's club plays an important role to support other young people's safety and well-being in their area; supporting other children to get an education and encouraging other children to get their education, to link other children with different services and facilities. Mr. Ganesh Mohapatra briefed about the four Rights of children Rights to Survival, Rights to Development, Rights to participation, and Rights to Protection.



**Welcome address by CHILDLINE Coordinator**

He also described the bad impact of bullying in school and colleges and those students who are bullied often experience depression, low self-esteem may continue in their



**Children's club participants are writing on issues**

life affected. Many children who have been affected by bullying have low self-esteem they destroy their future. All the Children to have knowledge regarding Child bullying for that they will not act in such types of activities the in future with other children for



which there will be safe and they will maintain their future enjoy their livelihood happily. He described the bad impact of Peer pressure; the bad impact of peer pressure can lead teens in bad directions. It could destroy the children's education and skip school and engage in poor behaviors that could lead to impact the child's health. Negative peer pressure may stop the development of Children and a child increased low self- Confidence slowly, slowly the child maintains distance from their family, and the child may go through depression, and anxiety this may big issue for the child to self-harm at school and friend. He also described who may peer and pressure, the child may contact friends, neighbors, meet online. So, every child should know what is bad and good for them.

It was a wonderful and effective program, overall, it achieved its objective and we build a good rapport with all Children's clubs through this program.

### **DCPC Meeting:**

Quarterly DCPC meetings were held to review the activities as well as preparation of the future action plan. During the meetings, discussions were made on different prevention methods for vulnerabilities situations and actions that lead to abuse, neglect, exploitation, abandonment, and separation of children. All CCIs members present in the meeting raised their voices with stakeholders for the better life of children in society.

These meetings were also attended by the director of Collab, Centre coordinator, and Nodal coordinator. In the meeting, they raised some key points with all stakeholders as well as Collector for children's rights. CHILDLINE Cuttack shared some roles and responsibilities and some issues that the CHILDLINE faced as flows:

- CHILDLINE shared how the CHILDLINE work and that CHILDLINE provides 24 hours services.
- CHILDLINE discussed the role and responsibilities of CHILDLINE and the different services provided by CHILDLINE.
- During the year, more Child labour, Child Marriage, and Child abuse cases increased due to the conditions imposed by the spread of COVID-19.
- CMPOs did not support properly in child marriage cases.
- Requested DLO to help and keep more focus on Child Labour Rescue.
- Requested SP/DCP for wall printing in all police stations in the whole district.
- Requested DLCPC regarding the proper functioning of committees.
- Requested District Taskforce to ensure functioning. Of committees
- Requested all stakeholders to find out the person who executed the Child marriage.



- CHILDLINE also requested every stakeholder to help spread awareness regarding CHILDLINE 1098 toll-free number among the Children and people.

### **CHILDLINE Staff Meeting:**

Once a week Nodal CHILDLINE organized various staff meetings, including coordinator meetings and director meetings at Collab Childline with the objectives to share problems, and issues and preparing an action plan.

### **CWC Meeting**

A monthly meeting was being held by Nodal/ Collab CHILDLINE with Child Welfare Committee, CHILDLINE Nodal/ Collab Coordinator, CWC Chairperson, and CWC members. The main objective of this meeting was to discuss different issues related to the Children as well as prevention of different issues and spread awareness of Child Rights.

### **DCPO Meeting**

A monthly meeting was being held by CHILDLINE Cuttack Nodal/Collab and discussed different issues related Child and problems shared by CHILDLINE.

## **Child Care Institution (Children's Home)**

OLS is running a Children's Home since 2004. This is a CCI set up; meant for care, treatment, education, training, and rehabilitation of children in need of care and protection. The children staying in OLS Children's Home do not have family or any parental address to go anywhere. Almost all of them are children with disability. So, the Children of the OLS CCI are imparted with the best possible services in terms of their safety, physical health, nutrition, counseling, therapeutic services, special education, and nurturance of their hidden potential. Dedicated staff, house mothers, and fathers are trying to provide 24 x 7 cares giving services and fostering of love, affection, and humane values to



the children staying at OLS - CCI at present. Despite the COVID19 pandemic, OLS Children's Home carried out the different programs from 2021 – to 2022 as follows:

- OLS Children's Home (CCI) conducted different awareness training for CCI Staff as well as other associated workers on the prevention and management of COVID-19.
- A life skill education on virtual mode was conducted by PECUC on 25th March 2022 with the participation of 10 children.
- Vaccination camp was organized on 21st July 2021 at OLS for the residents above 18 years.
- All the inmates and the staff members of the CCI participated in the celebration of Children's Day on 14th November 2021.
- All the inmates and the staff members of the CCI participated in the celebration of World Cerebral Palsy Day on 6th October 2021.
- Home Management Committee meetings were conducted regularly every month.



### Initiatives undertaken

- Group interactive programs were undertaken to improve the fine motor, gross motor, communication, and social interaction skills of children.
- A group session was conducted on personal hygiene and cleanness among the residents who are in the age range of 16-18.
- One-hour counseling session for Housemothers is being initiated every day as well as a group session every Saturday.
- An interview was conducted for the appointment of new staff and selected staff already joined OLS - CCI from February 2022.





### Achievement of CCI Special Children

<b>Dadhichi and Priya</b>	Appeared 10th board examination.	
<b>Rama and Sarita</b>	Enrolled in general school (Inclusive Education) and studied in Kabaripada Primary School.	
<b>Purnima and Tulasi</b>	They have become independent in their work and follow instructions.	
<b>Rama</b>	Riding bicycle independently and has improved cognitive ability.	
<b>Sarita</b>	Participating in group activities and following instructions.	
<b>Surakhya</b>	Interested in coloring, singing, and now communicating certain words. She can clean her utensils.	
<b>Itishree</b>	Started communicating with others. She is now eating and drinking herself; and able to comb her hair with assistance.	
<b>Smita</b>	Able to play with small balls by using her hands. She responds to her name.	
<b>Tejas</b>	Taking solid food and showing some social gestures by using single-word communication.	
<b>Jeeban</b>	Started walking with support due to mobility training.	

Dadhichi and Priya

Action word activity with Purnima

### State Level CSO Consultation on prevention of Child Sexual Abuse

A state Level CSO Consultation on the prevention of Child Sexual Abuse & Exploitation has been organized by OLS on 19<sup>th</sup> April 2021 in its conference hall with the participation of 15 stakeholders from BMC, Bhubaneswar, and Jatani block. The consultation was conducted for the National Action and Coordination Group, India for Ending Violence Against Childre through virtual mode involving 100 CSO leaders from 6 districts such as Koraput, Kandhamal, Balasore, Ganjam, Khordha, and Sambalpur. OLS has advocated for the inclusion of children with disabilities in all walks of life and for raising issues of rights violation of children with disabilities as they usually do not get support from any quarter and no one comes forward to raise voices for them. They are more vulnerable to abuse and exploitation than others without disabilities.

## Children's Development Khazana and Child Health & Sports Cooperatives

The Children's Development Khazana (CDK) and Child Health & Sports Cooperatives (CHSC) program is being implemented in the Puri Municipality area with the support of Butterflies, Delhi, and Azim Premji Foundation, Bengaluru to bring attitudinal change in the community towards savings, health, education and children's rights. The slum children covered under this program usually suffer from child labour, lack of proper education, protection, health service, etc.

### The objective of the CDK program

To enable children to meet their survival needs, help children learn to prioritize their needs, and motivate street-connected and working children to continue education and access health care. To equip children with financial management skills, inculcate the habit of saving and budgeting along with providing basic training in keeping books of accounts. To facilitate children's participation in decision-making processes, empower children with knowledge, values, and skills of democratic participation, and orient children to know their rights and responsibilities.



CDK Meeting

### The objective of the CHSC program

CHSC is a very unique program whose objective is to educate every child about the importance of safe and healthy living and reduce preventable illnesses by saving them from medical experience and promote sports among the children to have their physical, mental, social, and character development through children's collectives.



CHSC Meeting

### Highlights of the year in CDK AND CHSC

- 5 branches added to Child Cooperative.
- Total 376 children members including 185 Boys and 191, Girls enrolled.
- Health sessions on yoga, hand washing, cleanness, sanitation & nutrition food organized in all the branches

- CHSC members took action to resolve community problems such as drains, drinking water and road, etc.
- Total savings of CDK members till April 2022 - Rs.75686.00
- General body annually held – 116
- Children's club meetings – 13
- CHC meeting held - 114
- Health Sessions held – 40
- 45 health educators felicitated with first-aid training & 145 people are cured in medical cases.
- 20 Sports educators and 34 Sports sessions held in five branches.
- Financial Management training – 9
- Life Skill training – 12
- Business Management training -10
- 20 Bodies elected in five branches.

During the period the withdrawal of money was higher than the previous year because of Withdrawal for different purposes like family support, family Business, education purpose, Medical Treatment, and festivals. Children withdrew more money for family support and education purposes. Presently children were more sensitized towards their rights & participation. On different platforms, they raised their voice about their education, sanitation & health issues.

### Sports Cooperative

Sports cooperatives are very important for children and the benefits of games and sports are innumerable mainly to develop cognitively, physically, socially, and emotionally.



Ms. Sriparna B. from Azim Premji Foundation from Bangalore interacting with CDK children in Puri.



### Achievements:

- Shipra Oja (girl child) is an active member of CDK, Mahabir sahi branch. She attends all the meetings and participates in all activities. She has taken a welfare advance of Rs.1000/- for his school admission because of his keen interest in studies.
- Rasmita Subudhi is member of Balikuda branch. Her family's monetary condition is very bad. Her father is a Tailor. Therefore, she has taken development advance Rs.3000 from the C.D.K account and opened her bangles shop.
- Lokanath Behera's family's monetary condition is very bad. His father is a car driver & her mother is a housewife. Therefore she has taken Rs.2500 advance from C.D.K account to help his father.



### Health Session

During the period, health sessions were in all the branches at regular intervals. Sessions were organized for the Buddies to understand their roles and responsibilities as follows:

- To observe and recognize the peer in need of support.
- Access the background information about the child's details like family life, peer group, school, etc.
- The buddy shall be open-minded to listen and understand the problem.
- The buddy shall not be judgmental
- To maintain records – Buddy's case notebook.
- To generate awareness among all children about healthy life choices which promote positive mental health and emotional wellbeing.
- To interact with the children who are exhibiting risky behavior or are aggressive.
- The buddy shall encourage the peer to share the problem with the focal person rather than the buddy sharing it on behalf of the peer in need. However, if the peer feels the need for the buddy to accompany him or her to the focal person, then he or she shall do so.
- Buddy shall motivate, and encourage the peer who has unhealthy habits to reduce/get out of it (e.g., gambling, non-productive expenditure, substance use).
- Shall motivate inactive children to actively participate in the program.

### Meetings

Every month, the general body meetings and child health cooperative meetings of CDK and CHSC were held in all the branches with the key agenda as follows:



- The regular deposit of money.
- Activating the inactive members.
- Repayment of advance.
- Increase or inclusion of new members.
- Discussion on their rights and responsibilities.
- Inclusion of dropout children in formal schools.
- Personal hygiene, community problem solving,
- To do more and more favorable work for the community.

### Other Activities

- Children all together organized an awareness campaign against Tobacco and Gutkha at Balikuda Branch.
- CHSC members organized a meeting and wrote an application to the councillor, Puri municipality to take action towards the open drain and repairing of road. As a result, the Counsellor assured me to do it.
- A meeting on the importance of Nutrition Food & balance diet was organized at Balikuda Branch on 13th October 2021. The meeting was addressed by a school teacher (Bharat Saba Sharma School ).
- Fast-aid training program was conducted by the trainer Sri Bikram Tripathi. During the training, he discussed different types of bandages, dehydration, diarrhea, fever, eye care, snake bite, dog bite, and how to save from earthquakes as well as preventive measures for COVID -19.
- House Hold Begetting Training was conducted for parents. After training some parents wanted to save their money.

### Some of the Glimpses of CDK and CHSC activities



Children's awareness campaign against Tobacco and Gutkha



CHSC congregated to write an application to the councillor, Puri municipality.



Meeting on importance of Nutrition Food & balance diet





**Fast-aid training programme**



**Household Budgetting Training**



**Life skill session**



**Kabaddi**



**Blue umbrella day celebration**



**Sahid Dibas Celebration on 23<sup>rd</sup> March, 2022**



**Our election**





Musical chair



Community members playing with CDK children



Elected CHEs



Elected CVMs



Yoga session



Discussion on child sexual abuse with the children



Art by Abhisek and Supriya



Art by Abhisek and Supriya

## Environment

### **Empowered Communities for Environment Protection & Disaster Preparedness (ECEPDP)**

Nimapada, one of the 11 blocks of the Puri district is vulnerable to natural calamities such as cyclones and floods. The block was severely affected by the super cyclone, *Fani*; and several severe floods occurred during the last few years. Recently Puri district has been declared a disaster-prone area of Odisha.

Considering regular disaster vulnerability; Open Learning Systems (OLS) is implementing the Right Way Forward (RWF) project in 35 villages under 7 Gram Panchayats of Nimapada block, Puri district. The project is providing sustainable development benefits to nearly 28000 people in the field of organic/traditional agriculture, health, and sanitation, water conservation, waste management, and the rights of children. The project proposed to benefit 28000 people on sustainable development and the community environment through using the innovative method of Right Way Forward (RWF).in areas of health, sanitation, waste management, and rights of children.

OLS is strengthening community youths, women, and grass-root levels active workers like ward members, ASHAs, Anganwadi workers, SHGs and village committee members, adolescent girls, and children on “Right Way Forward” which help them to identify their environmental issues, on which they need to work collectively and claim their rights for sustainable development.

This project helps to mobilize communities to create a platform for dialogue with duty bearers on community-based issues and sensitize duty bearers about their role and responsibility. It also helps in developing community ownership in the development process.

#### **Capacity building of community members on Waste Management:**

Waste management involves the regular collection, transportation as well as processing and disposal or recycling and monitoring of different types of waste materials. These services can help to prevent the environment from being harmed. The prime objective of waste management is to reduce the number of unusable materials and to avert potential health and environmental hazards. The basic components of solid and liquid waste management include on-site handling, storage, and processing





To increase knowledge and strengthen the capacity of community members, the Environment Protection committee/ Disaster preparedness committee, OLS organized 35 pieces of training on “Waste management in 7 Gram Panchayat of Nimapada block; involving 1400 persons including 840 female & 560 male participants. These trainings have strengthened their knowledge and motivated them to act as change agents.



**Capacity building to community members on Waste Management**

During the training, OLS focused to involve the community youths & members SHGs to strengthen their knowledge of Waste Management and take advantage to make changes in the community environment.

### **Capacity building training for village committee members on Health, Hygiene & Sanitation:**

Health, Hygiene, and sanitation are the practice of keeping oneself and one's surroundings clean to prevent infection and disease and remain healthy and fit. Sanitation is arrangements to protect public health, especially the provision of clean drinking water and proper disposal of sewage.

During the period, 1225 community members including 807 females and 539 males of 35 villages under 7 Gram Panchayats have been strengthening their knowledge on “Health, Hygiene & sanitation. Major focus of the training program was to share “unhealthy sanitation & their risk & community-led total sanitation program. The important part of this training program was to improve the knowledge of community members/ change-makers and environment protection committee/ disaster preparedness committee to take a major role to build knowledge among the community members on sustainable change of mindset of the community people on healthy sanitation issue.

### **Mainstreaming of Child protection**

OLS has given special focus on child protection issues and empowered knowledge among community peoples to take an active role in advocating for the right to the sustainable development of children. This is anticipated to lead to the community actively participating to a higher extent in decision-making both at home and in the community for the protection issue of children. During the period, 875 community





members were capacitated & empowered by the different training programs and took an active role in the protection issue of children.

### Formation of Women Farmers' Collectives

Applying their minds to adopting improved agricultural practices and shifting to vegetable cultivation on a large scale through collective farming, the women farmers of 15 villages of 7 GP of Nimapada block have not only taken an interest to strengthen their knowledge of agriculture, horticulture, and livelihood practices but also



Formation of Women Farmers' Collective

strengthen potential knowledge at organizing themselves by bringing the market to their doorsteps, thereby streamlining processes

OLS constituted WFCs in 15 new villages of 7 Gram Panchayat for strengthening the knowledge of 600 women farmers on different income-generating programs through the cooperative process and overcome to financial challenges like the delays in monsoon and frequent power cuts. Also, the soil of the collective land is of very low quality and almost dead. It needs more organic inputs to regenerate. Not being disheartened by these challenges, these women discuss alternative farming methods to overcome them. They are confident that the continuous application of bio inputs will help in improving soil health which will result in better incomes in the future. Considering the high cost involved in the purchase of seeds for their farming activities, the women's groups are planning to develop seed producers in their group and establish a seed bank in their village.

### Meeting with Panchayat level Duty-bearers



Meeting with Panchayat level duty bearers

OLS organized a meeting program with PRI members of 7 Gram Panchayat on the Role of PRI in a sustainable change of community environment and sensitize on child protection issues. Instead of that during the discussion, OLS focused on the formation of a village-level child protection committee, disaster preparedness committee & environment protection committee. Also, PRIs were sensitized to the community-based issue and their solution process.

## Observation of World Environment Day

OLS celebrated World Environment Day on 5th June 2021 with the children of 35 villages of 7 Gram Panchayat focussing on the “Ecosystem Restoration”. Drawing competitions among the children on the subject were conducted. The children planted coconut trees along the village road for protection against soil erosion. In the end, OLS staff explained to the children about



Observation of World Environment Day

environmental degradation and the purpose of the World Environment Day observation. During the discussion, OLS staff members explained this day is being celebrated to encourage awareness and environmental protection.

## Staff Exposure Visit



Staff exposure visit to *Unayan* for observation of women's cooperative

OLS organized 2 days staff exposure visit to the “UNNAYAN” of Mayurbhanj district for strengthening the knowledge of field staff on “Women's cooperative”. During the exposure, OLS staff met with executive body members of Dulal Producer Company to develop their knowledge on producer company, role/responsibility, profit/loss of women's cooperative and role of Producer Company to make linkage with marketing

organization. During an open discussion with FPO and UNNAYAN staff, OLS staff got widely information about women's collective, cooperative process, marketing strategy, and linkage process with marketing organization. During exposure, OLS staff met with sellers and buyers and get confident to gather knowledge linkage between sellers & buyers. The exposure visit was helpful to OLS staff to motivate community women to form “Women Farmers' Collectives”.

## Social Defence

### “SANKALPA” Integrated Rehabilitation Centre for Addicts (IRCA)

“Sankalpa”, Integrated Rehabilitation Centre for Addicts of OLS first received funding from the Government of India in 1992-1993 under the Scheme for Prevention of Alcoholism and Substance (Drugs) Abuse of the Ministry of Social Justice and



Empowerment, Govt. of India. Sankalpa embodies and follows the same spirit and sense of service that is readily evident in the innovative systems of education, therapy, and other services provided to children with cerebral palsy and multiple disabilities by OLS.

Sankalpa utilizes the services of a doctor, psychologist, pharmacist, two peer counselors, a yoga therapist, and support staff to help 'users' get reintegrated into society as productive and useful citizens. Realizing that there is more to drug treatment than just abstaining from drugs, "Sankalpa" combines different therapies including group therapy, individual counseling, sharing sessions, life skill training, vocational exposure and counseling, referral services, aftercare and drop-in facilities, and exposure to self-help groups and 12 step programs.

A sense of togetherness is something that is fostered at OLS and Sankalpa seeks to work towards building this spirit, firmly believing that recovery, as a community effort is easier rather than done in an isolated manner. Festivals are celebrated with clients and ex-clients at the Centre. So are acknowledgments of 'sober or clean time'. Milestones in recovery such as six, or nine months, one year, and multiples of years are events that warrant celebrations - sometimes small and sometimes not so small. Similarly, events such as family weddings of ex-clients and birthdays, etc. provide wonderful opportunities to celebrate life and to see life from a different perspective.

## **Major Activities of the year**

### **Awareness and identification**

International Day against Drug Abuse and Illicit Trafficking was observed at Saliasahi, Bhubaneswar on 26th June 2021 with the aims of combating misinformation and promoting sharing the facts on drugs — from health risks and solutions to tackle the world drug problem, to evidence-based prevention, treatment, and care. Awareness meetings, rallies, drawing competitions among the children of Saliasahi; awareness campaign meetings for Community people as well as local youth was organized by Open Learning Systems with the support of SSEPD, Government of Odisha. Mr. Biplaba Keshari Samantaray, BSSO, SSEPD as Chief Guest, Mr. Pratap Kumar Rath as a resource person, and Mr. Suvendu Biswal of DDC, OLS were invited to the awareness program.

Besides, Counsellors and volunteers of "Sankalpa" attended different fairs and festivals like Bali Yatra, Rath Yatra, Ashoka Ashtami etc. and tried to make the public aware of Drug Abuse. They also distributed leaflets in Odia to make the public aware of different aspects of drug addiction.





## **Detoxification**

Detoxification is the process of cleaning the body of drugs and alcohol that a client has consumed. The purpose of detoxification is to safely manage the withdrawal symptoms when a client stops consuming drugs and alcohol. In our organization to reduce the withdrawal symptoms, some medicines are being provided to the clients by consulting the doctor.

## **Counseling (in the Centre and during follow-up visits)**

### ***Individual counseling***

Every client is given individual counseling for at least 8 sessions during 30 days of his stay in the center. If needed, it becomes more than 8 sessions when the client extends his period of staying in the center.

### ***Group counseling***

Group counseling is provided to the clients at least 5 sessions a week by grouping them separately (10-12 clients in a group).

### ***Family counseling***

Family counseling is given to the client's family members for at least 4 sessions within 30 days in the counseling room. Sometimes it becomes more than 4 sessions when the client extends his period of stay in the center.

## **Meditation and Yoga**

Everyday morning from 6.00 A.M to 7.00 A.M yoga and meditation classes are held in the center by the yoga therapist. The clients participate eagerly and they get mental peace and physical benefits.

## **Therapy**

The following therapies are being provided to the clients in the center:

- Psychotherapy
- Motivational Enhancement Therapy (MET)
- Cognitive Behaviour Therapy
- Behaviour Change Therapy.
- Group Therapy
- Yoga Therapy.
- Music Therapy.
- Art Therapy.

## **Vocational training**

The following vocational training are being provided to the clients in the center by the trainer weekly once

- Computer training,
- Typewriting.
- Photocopying.
- Spiral Binding.
- Comb Binding.
- Tailoring.
- Laundry
- Carpentry
- Jute and Handicraft training.
- Bakery etc

## **Physical Exercise**

Music Therapy and Aerobic are being conducted every day in the center.



### **Sharing Session (Part of Group Therapy)**

In sharing sessions the clients have got equal and independent chance to share about themselves, their family members, workplace, inner feelings, etc. with each other.

### **Re-educative / Lecture sessions and participatory sessions**

A re-educative session is an interactive session between the clients and the counselor where the counselor makes them aware of various educational, social, and health-related concerns.

### **Recreational**

The following recreational activities are being provided to the clients in the center.

- Playing Indoor games (Chess, Carrom, Ludo, Computer Games, Chinese Checkers)
- Listening to Music
- Singing
- Dancing
- Books and Newspaper reading
- Watching TV / Video

### **Follow-up and rehabilitation program**

After being discharged from the center we provide follow-up to the client on a monthly, quarterly, and half-yearly basis to check whether the client is cleaned or in a state of relapse.

### **Day-care services**

This service is extended to both ex-clients from our Centre as well as from other Centers.

### **Aftercare services**

We suggest the clients practice 90 days 90 meetings and regularly follow the 12 steps program.

### **Support groups**

- Alcoholics Anonymous (AA)
- Narcotics Anonymous (NA)
- Volunteers

These groups are encouraged to attend different sharing meetings, conventions, and day-out programs to strengthen their willpower.

### **Drugs and Drug user data**

#### **Education**

Out of 175 clients, 51 were re-admissions and 09 are drop-in clients and therefore are taken into account once to establish the percentage calculation as far as different educational backgrounds are concerned. Out of 175 clients: Illiterate – 02, Read & write – 02, Primary – 14, Middle – 29, High – 45, Higher Secondary – 54, Graduation – 26, and post-graduation – 03.

#### **Length of stay**

Readmission cases are also taken into account to calculate the length of stay as they occupy a bed. We had 51 readmission cases out of which no clients came back again



after relapse. The break-up of 175 clients includes - 1-10 days – 04, 11 - 20 days – 06, 21 - 30 days – 142, 31 - 60 days – 16 and more than 60 days - 07.

### ***Marital Status***

The break-up of the 175 cases for marital status includes - Never married – 81 and married – 94.

## **Accounts**

The Accounts Wing of OLS has been providing full support to the programme activities for smooth functioning of the organisation. The Wing is led by the Chief Accountant, one Accounts Officer and one Accountant who handle all the accounts matter of the organisation. They are well trained and acquainted with the accounts policy and procedure of the organization. The Wing helps the Management to prepare the budget and estimates for proposal to the donor agencies. It also helps in controlling, coordinating and decision making by the Management of the organisation.

The accounts persons are well trained in maintaining proper cash management with store and stock management systems too. The Wing successfully encountered the Audit of the Accountant General pertaining to the grants-in-aid received from the State and the Central Governments during the reporting period. It has also faced audits of other donor agencies. Some of the following records are maintained by the department:

### **Maintenance of Books of Accounts and Records**

The Wing maintains the organisation's accounts in Double Entry system of Accounting in Tally accounting software and EAT modules of Public Finance Management Systems (PFMS) developed by Controller General of Accounts, Ministry of Finance, Government of India

The Wing maintains different set of accounts for each program and consolidation is done at the year end to provide a holistic financial status of the organization. It records the financial transactions in double entry system of bookkeeping. Both, system generated and printed vouchers are in use. Maintains cashbooks, ledger, stock register and advance register on a daily basis.

The Wing maintains the fixed asset register and salary register. All accounts have been reconciled by the Wing of the reporting year.





## Internal Control

Work of one staff is verified/supervised by another staff.

All the expenses are approved by the Chief Executive Officer/Secretary of the Society. Bank reconciliation is done for FC account and non-FC accounts regularly.

## Governance and policies maintained

Accounts Wing maintains the proceedings of the Governing Body meeting. The Wing has been following the Procurement Policy, Finance Policy and the HR Policy developed by the Organisation taking into consideration suggestions of the representatives of various donor agencies and auditors.

## Statutory Returns

The Wing has filed the statutory returns with the department of Home Affairs and Income Tax Department by the due dates. The Wing has deposited TDS deducted from the payment and filed the quarterly TDS returns in time.

## Auditing

The Wing had submitted all the documents on time for the audit by the Statutory Auditor appointed by the Organisation. The statutory auditor visited the office of the Organisation and the Wing provided all necessary support to carry out the verification of accounts regularly.

Since 1st April 2018, OLS has been maintaining all Government Grants-in-Aid from Central Government in the EAT module of PFMS.





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