

## **Annual Report 2015-16**

OPEN LEARNING SYSTEMS, BHUBANESWAR







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#### From the Desk of the CEO

## Dear Readers

Greetings from OLS.

I deem it an opportunity to present before you the Annual Report of Open Learning Systems. Like previous years, we have put our utmost thrust on inclusiveness, gender equity and empowerment of persons with disabilities. While spearheading the agenda of PwDs we have geared up all possible efforts for protection of child rights and their participatory development in our operational areas.

One of our landmark endeavours in the reported year is beginning of an innovative project entitled "Communities for Environment Protection and Disaster Preparedness (CEPDP)" that has been implemented with the active support of our longstanding partner in development, Adoptions Centrum which has influenced the Forum Syd to provide technical and financial resources. While reiterating our stand on disaster risk reduction we also abide by the onus of building community based resilience for mitigation of the effects of natural disasters. Our efforts in building life saving skill among the youth through training on long distance open water swimming will go a long way in reinforcing our commitment in this direction.

It is a matter of great satisfaction that Special Olympics Bharat-Odisha in collaboration with OLS organized the Young Athlete Programme in Nimapada block, an event which had lasting impressions on the minds and imagination of the CwDs in our operational areas. OLS also added more feathers in its cap in achieving some outstanding results in the national and international level of work and participation; proof of which are the starting of the Children's Health Unit, a paediatric health care-services in East Sikkim with the support of Glenmark Pharmaceuticals Ltd. and participation of athlete and coaches of OLS in the World Summer Games of Special Olympics in Los Angeles, USA in July-August 2015 and bringing laurels for the country by their success in the International Sporting Extravaganza. Conferment of the prestigious "Derozio Award for Education & Human Enrichment" on OLS by the Council for the Indian School Certificate Examination for 2015 is arecognition of the work of OLS.

Our collaborations with Odisha Knowledge Corporation Ltd., Youth 4 Jobs and Odisha Alliance for Child Rights (OACR) are some of the new hopes beckoning on the horizon. But what has endeared us to the children is our commitment and plans to expand the areas for the Community Based Rehabilitation of Children with Disabilities, Children's Development Khazana, Child Health Cooperative and the formation of the new alliance.

I take this opportunity of expressing heartfelt gratitude to our patrons, partners, collaborators, and all stakeholders for reposing their trust in us.

Prakash K Rath

## SCHOOL FOR THE CHILDREN WITH INTELLECTUAL DISABILITY

A democratic welfare society, which we advocate, is one where people live unprejudiced, equal and free lives, where democratic values are settled as leading ideologies in particular and where humanism and rationalism are interwoven in the fabric of our lives. We need easy, renewed and advanced knowledge, ideas and strategies that would enhance the quality of our services for the "people with intellectual disability" (we prefer calling them this instead of the derogatory MR) and help them for better lives by exchanging the results of our research practices and experiences in areas of special education, vocational education, social movement, public awareness and family involvement.

The persons with intellectual disability have had less attention from the community than those with other disabilities due to the idea of inefficiency preference in this highly technological world. Persons with intellectual disability in this connection are people essential for our society although they tend to be limited in their intellectual ability and social life. For the cause of human equality, they too should be given enough opportunities; an opportunity to be educated, an opportunity to access to medical services, an opportunity to enjoy family life and an opportunity to participate in community activities and above all an opportunity to lead a life with dignity.

The trend in special educational assessment and programming has changed from Intelligence Quotient (IQ) based grouping to functional level based grouping without compromising on age appropriate programming. Any educational assessment tool should ideally lead to appropriate programming for the child. It should also provide inbuilt periodic evaluation facility for monitoring progress and modifying program.

To achieve the above objectives the School for the children with Intellectual Disability continues its efforts to provide suitable learning experiences by providing self learning material i.e. teaching learning aids etc in different media to facilitate the growth of the child. The education, we aim at, is more meaningful that enables our children to cope with the day-to-day living in the family with greater confidence, ultimately to face the community and defend their rights to a life with dignity.

Grouping is done based on the ability and chronological age into different levels. Our priority is to help in the development of independence and self-sufficiency of the children. Due to the tireless efforts of the Special Educators and strong will power of our children to improve, the children showed their excellence in different fields at national and international level. The special school consists of the following groups:

Á	Pre-primary	3-6 Yrs
	Primary – I	7-10 yrs
Á	Primary – II	9-14 Yrs
	Secondary	11-14 Yrs
Ħ.	Pre-vocational -I & II	15-18 Yrs
Á	Care group	Age no bar

#### **Activities in different groups:**

## **Pre-primary**

This group consists of children between 3-6 years of age. The coverage of content in the areas of personal, social and academic is more than with occupational area in this level. Play way method is followed for teaching self-help skills, pre-academics, communication and socialization skills. Regular parent teacher interactions assist in the periodic assessment, program planning, implementation, and evaluation in this group.

#### Primary - I

Children who achieve 80% of the skills in pre-primary group are promoted to Primary-I level and the age of the children in this class may be 7 years approximately. In some cases the students may continue one more year in pre-primary to fulfil the next level criteria. The main activities of this group are activities of daily living, social and academics.

### Primary - II

Children who do not achieve 80% of the skills in the checklist in Pre-primary level even after 8 years of age are placed in Primary – II. The content in the academic area is minimal for this group. This group covers children from 8-14 years.

## **Secondary Group**

This group includes children in the age group of 11-14 years. It is a mixed group (student promoted from both primary-I & II). In this group the children are trained in their basic self-help skills, language, cognitive, academic and co-curricular activities in a more structured way. Music, Dance, Art & Craft, and Yoga form an integral part of their curriculum. Speech Therapy, Occupational Therapy and Behaviour Modification are also provided simultaneously with the main learning schedule of the children.

#### Pre-vocational - I & II

Both the groups consist of students in the age group 15-18 years. The primary focus of training is to preparing children in basic work skills and domestic activities. Hence the major content covered in the checklist is in the area of occupational, social and academics. However, the content coverage under academic area will be minimal or need based for prevocational –II group of children. Development of time concepts, weight and measurements, money exchange, life skill education, family life education and sex education are part of the training. They are also exposed to higher social skills and community participation.

## **Care Group**

Care group includes children with low ability (profound ID) and the skills focus on training them partially, the basic skills such as drinking, eating, toileting and basic meaningful motor movements and communication. The idea is that they will be able to partially perform these skills. Recreational activities both indoor and outdoor are also conducted to develop their socialisation and life skills. Sensory stimulation to the group is an integral part of the special education.

## **Breakup of Students in Different Groups:**

SI No.	Group	Boys	Girls	Total
1	Preprimary	22	6	28
2	Primary-I	4	7	11
3	Primary-II	9	3	12
4	Secondary	4	-	4
5	Prevocational-I	6	4	10
6	Pre-Vocational-II	5	-	5
7	Care group	3	5	8
	Total	53	25	78

## **Major Activities Undertaken**

- Special Education
- Group teaching
  - -Individualized Education Program (IEP)
  - -Management of behavioural problems.
- Early intervention
- Therapeutic stimulation
  - -Speech therapy
  - -Occupational therapy
- Pre-vocational training
- Exposure visit, outing
- Art, Music & Dance
- Sports & Games
- Yoga



(Ms. Minati Behera, State Commissioner for PwDs visiting OLS)

#### Achievements at a Glance

Out of 10 students undergoing prevocational training 5 were promoted for vocational training for their significant improvement in pre-vocational skills.

## **Co-Curricular Achievements**

■ The students of the School participated in various competitions like blowing plastic

tumblers, threading flowers, basket ball, sticking match stick on the sand, spoon potato race, bursting balloons, sorting marbles inside water, removing cloth clips etc. organized by CATCH, Bhubaneswar on the occasion of celebration of World Autism Day on April 2, 2015 in which Aditya Panda, Tadasa Hota, Prajyot Dash, Suman Pattnaik, Bandana, Spandan Tripathy were awarded prizes.



- One day inclusive art workshop on "BEAUTY from UGLY WASTE" was organized by "Swabhiman" on 11<sup>th</sup> April 2015 at Jaydev Bhavan in which Nihar Ranjan Sahoo, Ronit Roshan, Satyam Shree Lal, Pritam Kumar Dalai from pre-vocational class participated in the workshop.
- Very Special Arts India, New Delhi organized its 20<sup>th</sup> Annual National Art Competition 2015, in which 4 Children of the School 3 children with

Autism of the special school participated.

Two children of the School participated in music and drawing competitions in Shishu Mahostav, SURABHI program on 21<sup>st</sup> October at Government Railway Colony Primary School under Cluster Level Function for selection to block level organized by Sarva Shiksha Abhiyan.



- Ten children of the School participated in different workshops of ANJALI National Children Festival organized by Swabhiman on the occasion of Children's Day from 10<sup>th</sup> 14<sup>th</sup> November 2015. They received certificates and prizes.
- Children of the School participated in the State Level Painting Competition 2015 organized by Odisha State Council for Child Welfare, Bhubaneswar. Our participants viz.

Dadhichi, Priya Ranjan and Pritam Dalai were awarded the  $1^{\rm st}$ ,  $1^{\rm st}$  and  $2^{\rm nd}$  prizes respectively in different categories on  $16^{\rm th}$  November 2015 and nominated for National Level Painting Competition.

20 children from the School participated in the Poster Competition and Awareness Rally in "We Care Film Fest - V" organised on 7<sup>th</sup> and 8<sup>th</sup> October 2015 at Bhubaneswar to mark the observance of World Cerebral Palsy Day.



- On the occasion of the International Day for the Persons with Disabilities, a sports competition was organized by the Social Welfare Section, Khordha at BJB High School
  - ground in which 10 children of the School participated. Debasish Nath and Leena Rout won  $1^{\rm st}$  and  $3^{\rm rd}$  prizes in soft ball throw and 100 metres race respectively.
- The students of the School also participated in the observance of International Day for the Persons with Disabilities on 3<sup>rd</sup> December 2015 at Adibasi Ground, Bhubaneswar organized by the Department of Social Security & Empowerment of Persons with Disabilities, Government of Odisha.



- State Level Sports and Cultural meet for the children with intellectual disability was organized by Jiban Jyoti Special School for the Children with MR, Dhenkanal from 13<sup>th</sup> to 15<sup>th</sup> January 2016. Seven children of the School participated in different events and won medals.
- On behalf of the Manage Autism Now (MAN) Trust, sports meet was organized at "Autism Therapy Centre" on 7<sup>th</sup> November 2015. Four Children with Autism participated in different events and awarded the prizes.

#### **Exposure Visit for Children:**

60 children of the School along with 6 teachers and 6 support staff visited "Nandan Kanan" Botanical Garden at Baranga on 3<sup>rd</sup> February 2016 as their scheduled exposure visit that forms a part of their curriculum. They were introduced to various plants and trees, and their understanding was increased on the co-habitation of various plants, wild life and men and its effect on the surrounding and the ecology.



## **Exposure Visit of Trainees from other Organisations to OLS Special School**

- As part of their orientation training, 30 students along with 3 teaching faculties from Chetana College of Special Education, Bhubaneswar visited the School from 19<sup>th</sup> to 21<sup>st</sup> November 2015 for practical experience on education and management of children with Autism and Cerebral Palsy.
- D. Ed. Special Education (CP) trainees along with their teachers from ANKUR, Special School for Children with MR, Korba, Chhattisgarh visited OLS on 1<sup>st</sup> February 2015 for practical learning on education and overview of management of children with Autism Cerebral Palsy and Intellectual Disability.

#### **Internship for Professional Development**

- During the reported year, Ms Sarita Behera, PhD scholar from the Post Graduate Department of Psychology, Utkal University, Bhubaneswar undertook research work on children with Autism in different classes for a period of one year as a part of her research work to obtain firsthand knowledge on the academic assessment, teaching procedure and participatory learning and action strategies.
- During the reported year, seven post graduate students (five girls and two boys) from the Post Graduate Department of Psychology, Utkal University undertook internship on children with Intellectual Disability and Autism in different classes for a period of 3 months as a part of their project work to know the assessment, teaching procedure and teaching strategies of children in the institution.
- One MSW Year II student from NISWASS, Bhubaneswar undertook internship on the study of children with autism, cerebral palsy, intellectual disability and multiple disabilities for a period of six months as a part of the project work to know the different

categories of children, teaching methodologies and strategies of children who are undertaking special education and also on the methods used for counselling the parents.

## Meeting/Workshop/Training attended by the Staff Members:

- Mr. Manatosh Behera, Principal, attended the National Level Workshop for Master Trainers' Training Program for Children with Special Needs conducted by the Ministry of Human Resource Development in collaboration with World Bank held at New Delhi from 27<sup>th</sup> to 31<sup>st</sup> May 2015.
- Mr. Manatosh Behera, Principal, Ms. Shraddhanjali Mohanty, Mr. Bibhuti Bhusan Nanda and Mr. Damodar Dash, Special Educators, attended the 10<sup>th</sup> Annual National Conference of the Indian Academy of Cerebral Palsy from 18<sup>th</sup> to 20<sup>th</sup> December, 2015 jointly organized by SVNIRTAR and Indian Academy of Cerebral Palsy, Cuttack.
- Mr. Manatosh Behera, Principal, attended the review and sensitization meeting on status of implementation of PwD Act, 1995 and National Trust Act 1995, at Khordha organized by the State Commissioner for Persons with Disabilities, Bhubaneswar on 14<sup>th</sup> October, 2015.

## Staff Members Acting as Resource Persons in Capacity Building Programmes

- Mr. Manatosh Behera, Principal, acted as a resource person for Module Development Workshop-cum-Training of DRG members on OT for MR Students at Angul, organized by Sarva Shiksha Abhiyan (SSA), Angul District on 30<sup>th</sup> October 2015.
- Mr. Manatosh Behera, Principal, acted as a resource person for 5 days residential training of Block Resource Persons on "Sambedana" module at Jaraka organized by Sarva Shiksha Abhiyan (SSA), Jajpur.
- Mr. Manatosh Behera, Principal, acted as a resource person for Community Based Rehabilitation of Children with Disabilities on 15<sup>th</sup> and 23<sup>rd</sup> September 2015 at Nimapara.
- Mr. Bibhuti Bhusan Nanda, Special Educator was a resource person for community based rehabilitation program at Nimapara on 17<sup>th</sup> October 2015.
- Mr. Manatosh Behera, Principal, acted as a resource person for five days workshop for SRG members on including children with special needs from 29<sup>th</sup> February to 4<sup>th</sup> March 2016 organized by Directorate of Teacher Education and SCERT at Bhubaneswar.
- Mr. Damodar Dash, Special Educator acted as a resource person for 5 days Continuing Rehabilitation Education (CRE) programme on "Effective education for children with cerebral palsy and other Neuro-motor impairments in Inclusive setting" from 15<sup>th</sup> to 19<sup>th</sup> March 2016 under the RCI recognised programme organized by OLS, Bhubaneswar.

#### **Celebration of Important Events in the Institution:**

Independence Day was celebrated with zeal and vigour in OLS Campus. Dr. Ajit Kumar Mohanty, Former Professor, JNU and President of Open Learning Systems graced the occasion as the Chief Guest, hoisted the Tricolour and addressed the children and the staff members. Refreshments were distributed among all and the children had fanfare.



- Republic Day was celebrated in the campus of the organization. Mr Surya Kumar Sarangi, Chief Manager (Personnel), Mahanadi Coal Fields Limited (MCL) graced the occasion as the Chief Guest, hoisted the National Flag, addressed the children and staff members and distributed the prizes and sweets to all the children.
- Children, trainees and staff members also enjoy the festive occasions like Diwali, New Year, Holi, Christmas and Dussera etc. together that refresh their mind and body.

## CENTRE FOR SPECIAL EDUCATION FOR THE CHILDREN WITH CEREBRAL PALSY

This centre has provided a pathway for all round development of the children with cerebral palsy by guiding them to be self reliant. The articulated programmes assist them in picking up essential skills and in achieving a satisfactory level of social interaction and activities. Here students are encouraged to develop broad skills and to boost their knowledge through specially designed classrooms as well as in the field of sports, games and leisure activities. This malleable approach encourages self-reliance, provides opportunities and motivates the child to develop at her/his own place and pace. Such an approach to education which is individualized and which gives importance to each and every child, also lays emphasis on equipping the child with the active support of the family members, especially the parents. A range of services has been developed to help the students in the wider aspect of life and to make them self-reliant citizens of the world.

## **Diagnostic Centre**

Proper identification, diagnosis and referral for therapy and special education, which are integral to the process of rehabilitation, are met through the Diagnostic Centre on all working days. OLS diagnostic team, consisting of doctors, therapists, psychologists and special educators, adopts a flexible approach in examining the new entrants. On the basis of strengths and weaknesses of the entrants they are given exposure in the initial stages. During the year 2015–16, a total of 90 children benefited from different units of the Centre for Special Education for the children with Cerebral Palsy (CP) the details of which are depicted in the paragraphs that follow:

## **Baby Clinic**

The severity of impairment giving rise to disabilities in the latter part of a child's life is often because of lack of early remedial steps. Early detection and intervention can help to overcome the developmental disabilities in a sheltered environment. The baby clinic works with newborns and babies up to three years of age. Babies are administered assessment tests in the areas of gross motor, fine motor coordination and for development of a suitable intervention strategy. Parents are trained to take timely measures and to help the child achieve milestones keeping in mind the strength of the child and helping the child to develop at his/her own pace. During the year 2015-16, the baby clinic



served 32 children of which 10 were males and 22 females. As mentioned earlier, parents play a major role in this program. Special educators along with the physiotherapist work with parents to design a program most beneficial for the child.

## **Play Group**

Play group is one of the major wings of the CP division. There are14 children in the playgroup. The activities are child oriented and are done through the joyful learning method. Importance is given to therapeutic stimulation, early stimulation, positioning of a child, training in Activities of Daily Living (ADL), counselling the parents and educational support. All these activities are carried out in line with our guiding principle i.e. ensuring and fighting for child rights. As a result our children develop a sense of self-esteem in their classroom interactions.



## **Physiotherapy Unit**

The fully equipped physiotherapy unit of OLS has been working with an objective to carry out correction and maintenance of posture, and improve gross motor integration and locomotors of the child. Emphasis is given to toning of the muscles through exercises. Stretching is carried out to correct and prevent deformities and tightness, strengthen weak muscles and to prevent abnormal postures and movement. This is done not only through exercises but also by using newly



introduced electrotherapy and radiation therapy. OLS trains the children to maintain normal posture and provides training on the use of gaiters and other external mobility aids. Activities are provided to improve fine motor function in order to improve the muscle coordination and

normalize tone and strengthen the weaker group of muscles. The unit has serviced 65 children (35 males and 30 females) during 2015-16.

## **Occupational Therapy Unit**

Sensory integration which is one of the most important aspects for the child with multiple disabilities is looked into by the occupational therapy unit in the OLS. It basically deals with sensory development, fine motor, ADL and functional aspects of the children. The unit gives ADL training to the children based on her/ his physical condition and their requirement. If even after a long period of therapy, it is not possible to bring their muscles and joints into normal functioning then provisions are made for adoption and assistive devices to help the child perform his daily living activities comfortably. After initial assessment, the goals are planned depending upon the condition of the child and the child is assessed at regular intervals to check the improvement. Other factors determining the goal include the severity of the problem which is worked out by the special educators. The unit has serviced 47 children (31 males and 16 females) during the year 2015-16.

## **Speech Therapy Unit**

A Speech Therapist is engaged to assess and give therapy to the non-verbal children in the campus by using electronic equipment and new techniques. All the children, new and old are regularly assessed and those who are found to have difficulties in speech are given speech therapy. Alternative Augmentative Communication tools are being developed at the centre and the children are exposed to it. Special effort is made to help the children to communicate better. The unit has facilitated care for 30 children (20 boys and 10 girls) during 2015-16.

#### **Home-Based Management Programme**

The home-based management programme is planned basically for the parents. The aims of this programme are to provide necessary information and skills for the management of multiple disabilities and train the parents in different techniques to prevent, maintain, and correct deformities in the home environment. This program caters to those children who come from faraway places and cannot regularly avail the facilities



of the institution. The program emphasizes on the fact that parents play a vital role in teaching their children about various aspects of life. During the year 2015-16, 56 children along with their parents availed the services of the home based management program.

#### **Special Care Unit**

Children with severe and multiple disabilities need special intensive care and management in the school environment. The special care group caters to the needs of those special children. Training for carrying out Activities of Daily Living (ADL) is imparted with far greater care and special attention is given to those children to overcome their severe physical problems.

Functional therapy and early stimulation is provided to these children. During the year 2015-16, 15 children (8 males and 7 females) benefited from this program.

## Counselling

Counselling and guidance are an integral part of the whole management programme to assist the parents in dealing effectively with the situation arising out of having a special child in the family. OLS provides free counselling services to the children, siblings, parents and other family members who are unable to endure the pressure. Counselling is a continuous process to help the parents to cope better with the psychosocial process that emerges from the situation.



Orientation Programs are carried out from time to time in the centre for the parents. During the year 2015-16, 57 families benefited from family counselling program availing between 1 and 3 counselling sessions.

#### **Functional Academics**

Special children need special care and attention for their social, emotional psychological and often their physical growth. The specially designed teaching/learning process is completely child oriented and the course is made to suit the ability and achievement of the child. Skills like handling currency, measuring weight, making simple calculations are given priority. The special children are exposed to real life situations under the guidance of the special educators. During 2015-16, 10 students (6 males and 4 females) have been trained in the functional academic unit. Among from them 3 students passed the +2 exam successfully from general collage.

## **Prevocational Training**

Prevocational training plays an important role for developing the vocational skills among the children with intellectual disability. It helps an individual acquire functional skills and appropriate behaviour necessary for a particular vocation. After acquiring the functional skills, the learners are considered eligible for vocational training. Prevocational training includes the skills and activities such as weight and measurement, functional mathematics,



functional reading and writing, occupational skills, self-help skills, family life education, recreational activities, drawing, painting, group dance, music, playing indoor and outdoor games. Vocational training focuses on grooming of one's self and social behaviour. During the year 2015-16, 9 (7 male and 2 female) students benefited from the prevocational training program.

#### **Inclusive Education**

Apart from the above functional academics, Open Learning Systems has helped some of the children in appearing in the regular High School Certificate Examination under the Board of Secondary Education, Odisha. Our special educators have gladly and enthusiastically acted as amanuensis purely on a voluntary basis. With a view to achieve the objectives of the rights based approach, the OLS team tries its best to send the special children to formal schools to ensure inclusion. Two schools allowed admission to the special children of Open Learning Systems. During the year 2015-16, 20 male and 12 female students benefited from this system.

## **Family Life Education**

Family Life education as a part of family life education is something that is considered important and is imparted in the same manner as in formal schools. Separate classes are conducted for female students and male students. The special educators take extra care to ensure that all sensitivities are maintained while teaching the students about the functions of various organs, the intricacies of the human body and how to take care of it at different stages of growth.

#### **Extra-Curricular Activities**

The centre provides opportunities for taking part in individual and team sports both indoor and outdoor and competitively as well as socially. There are extensive opportunities for sports and recreation supported by a team of trained and enthusiastic staff to provide activities that suit all ability levels of the children. Arrangements are made to give lessons in music and musical instruments depending on individual interest and inclination. Children are also encouraged to learn various arts and craft as a part of their recreation and excellence. The centre also provides dance therapy and hydro therapy. This is a natural exercise where children get maximum pleasure and it helps in reducing the stiffness of their body. The success in this area is reflected in their improved social behaviour.

#### **Home Visits**

The children's homes are regularly visited by our special educators. This results in the special educator getting the real picture of the home environment of the special child and gets acquainted with the family members and assesses their competencies to deal with the special child. This helps in prescribing any aids and appliances or toilet—use specifications, access to accommodations, ramps and disabled friendly innovations that can be used or developed at home. The involvement of the family members in the progress of the child is tracked by the Open Learning Systems team which gives them a strong foothold in times of crisis to help the parents.

## Survey in the slums of Bhubaneswar

The CP wing staff along with the trainees of the D.Ed.SE-CP course visited around 10 different slums in Bhubaneswar to identify the children with disability and to counsel their parents and family members to enroll the children in the Centre and avail the benefits. OLS will provide home based management services to those who are unable to attend the Centre. They have identified 40 children with different categories of disabilities.

#### **Academic Achievements**

- Out of 14 children in the play group, 4 have been promoted to the Pre School.
- Out of the 10 students in the functional academics class, 2 students successfully entered into the pre-vocational training level.
- Out of 9 students undergoing pre-vocational training, 3 were promoted to the vocational level based on significant improvement in their abilities and attitude.

#### **Details of Class Promotion of Students**

SI	Promoted to	No. of Students (Total 22)
1.	Class X	02
2.	Class IX	03
3.	Class VIII	02
4.	Class VII	02
5.	Class VI	03
6.	Class V	03
7.	Class IV	02
8.	Class III	02
9.	Class II	03

- 3 students have successfully cleared +2 exams and admitted in colleges for +3 level
- Rajesh Kumar Mishra passed the Secondary School Certificate Examination from National Institute of Open Schooling with the help of a writer and computer.



#### Co-Curricular Achievement

OLS had a combined Children's Day Celebration with the students of Loyola Public School, Bhubaneswar. To mark the occasion various events like music, art and dance were held in which participants from both the institutions performed to their best of abilities and contributed wholeheartedly towards cherishing the thought for the day.



Nehru Institute of Youth Affairs (NIYA) had organized a fanfare 'Anand Mela' with a multievent sports programme on 9<sup>th</sup> November 2015 as a part of National Integration Fair

- 2015. Mr Rajesh Patra, Ms Shriya, Ms Nutan Tripathy, Ms Stuti, and Mr Ashis Sahu participated and were awarded with prizes in different competitions.
- In various sports events organized at district headquarters Khordha, to mark the International Day for the Persons with Disabilities, Mr. Rajesh Patra, Mr. Arabinda and Mr. Chiranjeev represented OLS in Junior Soft Ball Throw (Boys), Mr. Binay and Mr. Mukesh in Senior Soft Ball Throw (Boys); Ms. Payal and Ms. Tulasi in Junior Soft Ball Throw (Girls); Ms. Shriya, Ms. Stuti and Ms. Fatima in Wheel Chair Race (Junior Girls). All of these participants were awarded during the event.

## Observance of the International Day for the Persons with Disabilities

The day was observed at Adivasi Ground with great joy and exuberance. OLS participated in the cultural programme and the exhibition, where our functionaries displayed the assistive devices like special modified furniture and teaching learning materials, made at OLS which are useful for the Children with Cerebral Palsy. Both the days a large number of visitors had a close view of all these devices and appreciated our efforts.



## **Observance of Independence Day**

Our 69<sup>th</sup> Independence Day was observed with pomp and ceremony at OLS Campus. Dr. Ajit Kumar Mohanty, Former Professor of JNU and President of Open Learning Systems, graced the ceremony as the Chief Guest and deliberated upon the significance of the day while reiterating the onerous task of rebuilding the nation in the coming days. It was a joyous occasion for all the students, staff and parents of children. The Vice Chairman of OLS Governing Body and the CEO, OLS were present on the occasion.



## **Observance of World CP day**



The Cerebral Palsy Day is observed on 2<sup>nd</sup> September each year in our organization. This year we observed the occasion in our institute and also at CBR Project, Nimapara. We sensitized the parents and siblings of the Cerebral Palsy children. On this occasion, OLS donated a special chair to Shri Sagar Nayak, a child with cerebral palsy belonging to a very poor family. The child has great potential as observed from his behaviour and the special

chair will definitely prove useful for his all round development.

## Malaria Check-up

With an objective of curbing the increasing spread of Malaria, a check-up camp was conducted in OLS premises for the students with cerebral palsy and intellectual disability on 7<sup>th</sup> August 2015 by a team of eight members from the Malaria Eradication Cell, Department of Health & Family Welfare, Government of Odisha.



#### 'Childline se Dosti '

An awareness programme on Child Rights and the important

role played by 'Childline' was conducted in OLS Conference Hall on 17<sup>th</sup> November 2015. Our students shared their views on the topic 'Child Rights'. Ms. Mamuni Dalei and Mr. Rajesh Patra along with other students shared their views on the topic. The discussions aroused lot of interest among children and the staff.

## **Exposure visit to Botanical Garden**

Like the previous years, some children of the CP wing of OLS visited "Nandan Kanan", the Zoological Park, with their friends and teachers. They enjoyed the visit very much and also gathered important information about the animals and birds, and the flora and fauna of the Botanical Garden the adjacent to the Zoo from the special educators who accompanied the children.



#### Science Show 'Enchanting Bubbles'

Regional Science Centre, Bhubaneswar, conducted an entertaining science demonstration programme on the topic 'Enchanting Bubbles' at OLS Premises On 7<sup>th</sup> October 2015. The programme was quite enriching and captivating that could spell lasting impression on the children living with Cerebral Palsy. The style of demonstration was quite simple, that was strengthened by thought provoking examples.



# VOCATIONAL TRAINING CENTRE FOR THE PERSONS WITH CEREBRAL PALSY & INTELLECTUAL DISABILITY

Vocational education can be defined as a systematic organization of instructional content designed to provide students with a sequence of meaningfully vocational and related activities for the benefit for the children with Cerebral Palsy and Intellectual Disability. The VTC has been providing need-based training to the persons with Cerebral Palsy and Intellectual Disability since 1994 in various trades/skills to the adult trainees for self and sheltered employment.

Though the persons with disabilities often face academic, social, economic and personal problems, many of them would be able to earn a livelihood through a considerable variety of trades if they received proper training. The professionals of Open Learning Systems, along with parents and with consent of the adult vocational trainees have designed the course curriculum for the persons with disabilities. Vocational training center remains one of the most important aspects of rehabilitation.

The ultimate aim of the special education program is development of functional academics (reading, writing and calculating money etc.), personal skills, life survival skills and safety skills directly related day to day activities for independent living within the family, community and work place. Through the use of role plays and practical exercises the trainees learn about money transactions, time, reading calendar, weight measurement etc. The trainees are taught about family life education.

The Vocational Training Centre has successfully completed another year with the support of the parents, professionals and well-wishers. During the year 2015-16 the vocational training center imparted training in 6 trades to 70 persons/children with CP and ID.

#### Professionals involved in Vocational Training Center:

- Placement officer
- Skill instructors
- Special Educator
- Social Worker
- Psychologist
- Yoga Teacher
- Music Teacher
- Art & Craft Teacher
- Dance Teacher
- Occupational Therapist
- Sport instructor

### Objectives of VTC for Enabling the Key Stakeholders

- To learn independent personal skills
- To learn social behavioural skills
- To learn cognitive skills through a practical method
- To be aware of safe and hazardous skills.
- To learn appropriate and meaningful work attitude, behaviour and skill.
- To be aware of their right to avail the services and facilities
- To learn about inclusion and empowerment of persons with disabilities
- To learn about emergency first-aid treatment and to learn life skills.
- To learn Art and craft and other occupational training for the PWDs
- To learn music and dance for stimulation, entertainment and relaxation.

To play various sports and games and to participate in different sports and games

#### Parent Teacher Interaction

The Centre organized time to time some group and individual parents/special. teachers interactions during the year 2015-16. During the interaction sessions, different schemes of the state government and other agencies were discussed through which their wards could be rehabilitated.

#### **LAUNDRY UNIT**

The trainees learn how to handle the professional washing, drying and ironing machines and also learn sorting of different types of clothes like - cotton, polyester, synthetic and woollen. The trainees learn to use right measurement of water and detergent. They also learn the timing and types of washing for different types of clothes. The unit is complete with services for washing, ironing, starching, billing, collecting the cloth materials and delivering at the doorstep of the customers. The unit provided training to 15 students in the year 2015-16 out of which six trainees have learnt how to independently wash and iron clothes. Some of the trainees are independent in drying the clothes outside and to keep a watch against theft. Some of them have learnt to do the billing for the services. Four trainees are trained to deliver the goods.

#### **Bakery & Cookery Unit**

The Unit imparted training to 16 trainees in 2015-16. The bakery unit produces various items like different types of bread, buns, pizza bases, cream rolls, toasts and biscuits. The trainees have also learned the different skills of preparing different kinds of dishes. Out of 14 trainees 3 are trained to prepare meals, chapatti, curry and fry, 4 are trained to serve the meals in the canteen and the rest are trained to clean the dining area and the utensils. The trainees are also given the responsibility of collecting the money for the meals.

#### Chocolate Unit

The handmade designer chocolate prepared by the trainees of this unit has been appreciated by all who have seen and tasted the item. A total of 12 trainees have received the training selected because of their power of concentration and hand dexterity after a few trials. The trainees learn to indent the raw materials, the process of preparation of the chocolates, the various kinds of wrapping, packaging and storage system, and the weighing and billing system.

### Computer Unit

Computer education is essential for every human being in today's world as computer has become a necessity rather than a luxury. The computer unit had 9 trainees in 2015-16. The persons with cerebral palsy apart from learning various aspects of computer training participated in a national level competition. The computer unit provides ability appropriate

training to the every individual trainee. The unit encourages them to showcase their potential by using new modern information technology.

## Subjects Covered by the Computer Unit

- Computer Fundamentals
- Networking
- MS Office (MS Word, MS Excel, MS Power Point, MS Access)
- C ++, HTML, CD Writing,
- Adobe PageMaker 6.5
- Corel Draw 5.0
- Internet usage
- Front Page Express
- Formatting a hard disk
- Installation of softwares
- Operation of Scanner/ Fax.

#### Carpentry Unit

The carpentry unit provides ability appropriate training to the persons with cerebral palsy and intellectual disability. The curriculum has been designed keeping the individual trainee in mind and after discussion with the parents.

The carpentry unit imparted training to 10 trainees. Out of these, 8 trainees are well trained in different areas like polishing, cutting and colouring the special furniture like standing board, prone board, cut-out board, corner chair, and balance board etc. The trainees in the carpentry unit also prepare peg board and wooden toys which are helpful for the children with cerebral palsy, intellectual disability, autism and multiple disabilities. The carpentry unit trains the students on usage of modern technological tools like electric operated drill, electric saw, wood turner etc. However, it also trains the usage of traditional tools.

#### **Tailoring Unit**

In the year 2015-16, the unit provided training to 10 students in different skills such as hand stitching, button stitching, hemstitching, and kaja stitching for improving the hand coordination. Four trainees were trained in different stitching like hand stitch, kaja stitch, patch work stitches etc. Four trainees are trained to stitch the cloth for preparing file folder and paper folder stitching. Three trainees are trained to stitch blouse, saree, and dresses. Some have mastered the art of soft doll making, stitching chemise, petticoats, kurta and pajama, gaiters, chocolate cloth bags (for in-house use), paper bags, pillow covers, and letter case. The trainees also have learnt to make hand towels for wash basin area, aprons, bags, caps, etc. The trainees are also trained in mending, embroidery, patch work and appliqué works by using modern stitching machines.

#### Photo Copying and Spiral Binding

The vocational training center has a complete documentation unit with a photocopy, a spiral binding and a printing machine apart from a computer. Three trainees are trained in photocopying and spiral binding.

#### Participation in Exhibitions

The products were showcased in various exhibitions and other forums for better visibility and to create awareness among the general public. The Vocational Training Centre exhibited and sold its products on occasions like International Day for the Persons with Disabilities at the Adivasi Ground and some other venues like TCS Corporate Office etc.

#### Rehabilitation

- The vocational training center strives for placement and rehabilitation of the trainees in different work places and through self-employment.
- Ms Laxmipriya Patra, trainee, has been awarded with a Sewing Machine after completion of Tailoring training from VRC and Ms Bebina Pradhan has undergone Computer Training at VRC.

#### **Exposure Visits**

- All the vocational trainees of various units went on an exposure visit to Nandankanan with their friends and teacher.
- Nilachala attended the conference on Natural History of Museums for the Persons with Disability Programme at New Delhi.

#### **CELEBRATIONS**

The trainees and staff members of the Vocational Training Centre participated in the following events that were observed in the premises of the organization:

- Independence Day
- Republic Day
- Raksha Bandhan
- Moli 🔯
- Diwali
- New Year's Day

#### Participation in Events and Cultural Activities

The trainees participated and got awarded in different events organised by:

- Nehru Institute of Youth Affairs (NIYA)
- Jiban Jyoti Special School for the CwDs, Dhenkanal

- Catch (Autism school) on the international Day for Autism
- District Level Sports at Khordha on 3<sup>rd</sup> December organised by Future Bhubaneswar School
- Classical Odissi dance, folk dance and contemporary dance forms are taught on a regular basis to the trainees to improve their muscle coordination and self-confidence.
- Trainees learn classical vocal music and also learn to play musical instruments like Synthesizer, Tabla and Harmonium etc.

## COMMUNITY BASED REHABILITATION OF CHILDREN WITH DISABILITIES

In order to provide care, protection, education and rehabilitation to every child with disability in the community, OLS has been implementing the Community Based Rehabilitation (CBR) programme with the support of Adoption Centrum of Sweden. The aim of this programme is to empower the children with disabilities and their parents/guardians/family members to protect and realize the rights of the children with disabilities with the active support of the elected peoples' representatives, teachers, health workers, SHG members, school management committees and community based organisations by orienting them with knowledge and information and developing their skill on protection and realisation of the rights and entitlements of children with disabilities using advocacy tools. The aim of the project is to ensure that no child with disability is exploited, neglected, abused or abandoned and the community responsibly discharges its duties so that the children with disabilities lead a life with dignity as enshrined in the Constitution of India.

The organisation provides home based management services which include family counselling, special education with the help of TLMs in the resource centres, facilitation for enrolment and education in the mainstream schools, linkages with various schemes and promotion of independent living of children with disabilities in their activities of daily living.

The following were the major activities carried out during the reporting period under the CBR programme:

Requisite therapeutic services and educational support were provided to children at 6 resource centres at Sagadadeuli, Ratilo, Badrikilo, Chadheigan, Badaninigan and Bantigram in Nimapada block of Puri district. These centres are fully equipped with necessary equipment and human resource for providing updated and regular services to children with disabilities. 92 Children with



Cerebral Palsy and Intellectual Disability were able to conduct their Activities of Daily Living independently with the interventions at these Centres.

In order to make them sensitized on their rights and their obligation to the nation as future responsible citizens and to build their capacity in understanding resource and vulnerability mapping has been conducted in 42 villages by the children's club members in their own localities. With the mapping the children could understand the issues concerning their education, health and sanitation, communication, physical growth, congenial environment and a host of other issues affecting their development. Similarly, children understood the resources available with them that they could bank on or utilize to further their cause. 5 Panchayat Level Children's Forums have been formed from among 22 Village Level Inclusive Children's Groups in which children with leadership attributes have been selected to represent the Children's Clubs. **343** school children have been sensitized on inclusion under the School Sensitization Program.

- During the period 107 Parents, 102 School Management Committee Members, 46 Gram Rozgar Sevak and Community Volunteers, 126 Child Protection Committee members, 50 PRI members and 121 SHG members have been trained on early identification and intervention.
- 102 School Management Committee (SMC) Members (including parents of CwDs), 121 SHG members have been trained on rights and protection of the CwDs.
- CAPACITY BUILDING TRAINING PROGRAMME
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- The project observed World Autism Day , World Day for the Hearing Impaired , World CP Day, World Mental Health Day and the International Day for the Persons with Disabilities
- 42 child protection committees have been formed in the operational villages.

In order to ensure children's participation and to promote inclusiveness, a Shishu Mahotsav (Children's Mega Festival) was organized on 15<sup>th</sup> November 2015 at Nimapada Town Hall. Children, parents and community members were present. The objective of organising such a Shishu Mahotsav was to encourage CwDs to participate in various competitions held at regional and national level. OLS furthered initiatives to include CwDs and to ensure their



participation through various social activities like sports, cultural programme etc.

The CBR project in collaboration with Special Olympics Bharat-Odisha, organized two Unified Sports Programmes involving teams formed by children with disabilities and children without disabilities as unified partners. A Unified Cricket Tournament was held at Gadatorihon and a Unified Football Tournament was held at Renghala. These events provided the children with

disabilities an opportunity to showcase their talent, abilities and strength and boosted their confidence while spearheading awareness among the communities that the children with disabilities have abilities like other children without disabilities.

The Young Athlete Programme 2015 has been organised successfully at 30 villages of Nimapada block of Puri district. The main objectives of the programme were:

- To identify and engage children with intellectual disability in the age group of 2 to 7 years and prepare them to become athletes by the time they reach 8 years
- Ensure availability of children in the target age group at one place
- Fulfill the prime most objectives of the Young Athlete Programme with the involvement of the community
- Create awareness among the AWWs by which they can ensure cognitive and physical learning of the children with intellectual disability
- Ensure the attendance of parents/guardians and other community members and thereby making them sensitized on the abilities of their children/ward



- Facilitate acceptance and inclusion of children with intellectual disability along with the children without disability.
- Make the whole community take up the onus of providing equal opportunities for the children with intellectual disabilities for coming up to their expectations

OLS-CBR project provided all the support including implementation in all the 30 centres through its community volunteers. The Young Athletes were thoroughly very much inspired by the programmes. They were motivated to develop their skills through these activities. The programme was conducted by the OLS TEAM in collaboration with Special Olympics Bharat — Odisha. A total 853 Athletes along with 556 parents and 250 community volunteers participated in the programme.

## COMMUNITIES FOR ENVIRONMENT PROTECTION & DISASTER PREPAREDNESS

OLS has continuously strived for fulfilling the major objectivises of the programme like developing child protection mechanisms in the operational area and implementing the best practices in partnership with government and other stakeholders besides enabling the

community for protection of rights of the children with disabilities.

Open Learning Systems having implemented several community based projects in rural areas, has witnessed several disasters that the communities have



encountered and the loss of lives and properties that leave a life time of impression on the on the lives and minds of the survivors of such devastation. OLS, on its part, has always stood by the communities providing relief and rehabilitation services with the resources at its disposal and by mobilizing from other agencies, national and international. OLS had designed and implemented the "Mamata" project in the aftermath of the Super Cyclone of 1999 providing psychological counseling to the victims and ensuring their rights are protected, especially of the girls and women.

OLS has been working in Nimapada block for more than 15 years where flood is a common occurrence almost every year. With the experience in this field and the expertise at its disposal, OLS conceptualized and designed a project to protect the environment and prepare the communities to face disasters that would mitigate the loss of lives and property. The project was so designed that the communities will be empowered to take up the responsibility of its own preparedness and own up the work and activities in that regard. The project was hence given the title "Communities for Environment Protection & Disaster Preparedness".

The project was implemented from 1<sup>st</sup> January 2016 with the support from Forum Syd channelized through Adoptions Centrum of Sweden in 5 most vulnerable Gram Panchayats of Nimapada block under Puri district. The 20 villages selected from these Gram Panchayats are most flood prone areas of Puri district situated on the banks of river Dhanua and almost every year get severely affected with flood. People of these communities lose their livelihood, income source, domestic animals, lives and property due to flood.

The project has created awareness on environment protection while evolving ways and means of preparedness to face disasters like flood and cyclone to mitigate the loss of lives, property and livelihood in 20 villages. It has also created various committees and taskforces with the help of empowered communities in these areas. The project has also built the capacity for



acquiring life saving skills of children by training them in long distance open water swimming. But for the selection of the Panchayats and communities, OLS followed some criteria of selection for the programme.

- Discussion with community members
- Identifying disaster prone GPs
- Trends of occupation in identified GPs
- Distance from cyclone shelter
- Distance from the rivers
- Household, population of communities
- Categories of people (as per income)

And as per the above criteria and opinion of people 20 communities under five disaster prone Panchayats of Nimapada Block were shortlisted for inclusion in the CEPDP project. OLS adopted following strategies for enabling community empowerment.

- Capacity building of the active members of the communities including women on environment protection and disaster preparedness
- Community Level Committee Formation
- Panchayat Level Task Force Formation
- Swimming and Rescue Training for Children
- First Aid training programme

OLS organized community level capacity building sessions during February 2016 under the guidance of eminent resource persons like Mr Basant Mohanty, Former State Director, Care—India, Odisha and Dr Girish Prasad Swain, Development Consultant. A highly charged field level team of OLS facilitated training for each community comprising of nearly 30 active participants like members of CBOs, Ward Members, SHG Members,



Youth Club Members, ASHA and AWWs from 20 villages in five Panchayats. During the capacity building process various pertinent issues as detailed below were discussed at length, that also paved way for formation of various committees at village level for disaster risk reduction and mitigation.

- Causes of environment pollution.
- Causes of natural disasters
- Nature and types of disasters
- Communities role in spoiling the environment
- Community preparedness for disaster risk reduction
- Formation of committees: roles and responsibilities

#### WHAT IS DISASTER

A calamitous event, especially ne occurring suddenly and causin g great loss of life, damage, or hardship, like a flood, cyclone, tsunami or drought

## Training on Long Distance Swimming: Rescue and Life Saving Skills



The project has started building the life saving skills of children of these areas by training them in long distance open water swimming and rescue strategies which will ultimately capacitate

120 children through 150 swimming sessions. For providing quality training, OLS engaged the

services of Internationally acclaimed National Swimming Trainer,
Ms. Arpita Mohapatra as a regular resource person. Ponds have
been selected by the project functionaries and all swimming



accessories and safety gears are being provided as to the participants as per the recommendation of the resource person.

## Capacity Building and Formation of GP Level Task Force

The capacity building and training of task force members have been geared up on top priority by the project functionaries to start from 1<sup>st</sup> April 2016 to build the resilience mechanism and disaster risk reduction strategies based on the collective wisdom of the task force members comprising of PRI members, educationists, social activists, opinion leaders, community organisers and change agents. In the training curriculum, the thrust will be given towards orientation of participants on the following key issues:

- Awareness building among on early warning
- Coordinating with committees for rescue and relief
- Facilitating smooth coordination of temporary shelters
- Managing food, drinking water, health and sanitation
- Taking steps for preventing water contamination
- Coordinating for checking spread of diseases
- Follow up measures for rehabilitation and resettlement

Gender equity and inclusiveness will be given utmost priority during formation of task force. Special emphasis will be given to choose at least fifty 50% female members in the task force. The capacity building process under CEPDP Project created vibes among community members for augmenting participatory endeavour for promoting sustainable strategies for disaster risk reduction and vulnerability impact assessment.

## CHILDREN'S DEVELOPMENT KHAZANA (CDK)

Initiated by Butterflies, Delhi, the Children Development Khazana (CDK) is a life skill development programme. It is a saving and credit union scheme and works on banking and co-operative principles. Children between the age group of 9 to 18 years are only taken as the members of CDK. They operate and manage the 'Khazana' under the guidance of adult facilitators. Enhancing children's life skill and financial management abilities, catalyzing their education, promoting their saving habits, enabling them for their survival needs, are among the main objectives of the scheme.

Implemented as a part of life skill education, CDK enables its members to earn an interest on their deposits and accept advances for the advance committee. They run the 'Khazana' at set timing, handle children's money, and maintain cash book, ledgers, pass book and advances. The scheme, introduced in Puri in 2008, is now running successfully at Bhubaneswar and Nimapara having nine branches altogether.

Total Active member	Girls	Boys	Total Savings	Total Advance
832	434	398	19760	22920

# CHILD HEALTH COOPERATIVE (CHC)

Child Health Cooperative is a unique component of Butterflies' health programme. The mission of the child-health cooperative is to educate every child about the importance of safe and healthy living and reduce their preventable illness by saving them from medical experience and expenses. It is a





forum of children where they discuss their health problems. Protecting the children from illness, encouraging them for staying healthy with being collectively responsible towards their health, safeguarding children from diseases, and availing government health care facilities are the prime most objectives of the programme. Introduced in Puri district in 2012, the programme runs at present in nine branches of Puri and Nimapada areas with total membership of 459 children. During the reported period, first-aid training was provided to 119 CPC members. The Resource Person for the first aid

training was Dr. D.D. Nayak of St Johns Ambulance and National Health Mission based in Puri.

## "SANKALPA": INTEGRATED REHABILITATION CENTRE FOR ADDICTS

"Sankalpa" the Integrated Rehabilitation Centre for Addicts of OLS first received funding from the Government of India in 1992-1993 under the Scheme for Prevention of Alcoholism and Substance (Drugs) Abuse of the Ministry of Social Justice and Empowerment, Govt. of India. Sankalpa embodies and follows the same spirit and sense of service that is readily evident in the innovative systems of education, therapy and other services provided to children with cerebral palsy and multiple disabilities by OLS. Sankalpa was founded on the belief that all men are created equal and that everyone accordingly has a right to life with dignity and respect. It is this, which forms the underlying principle of its 'holistic' approach to treatment for drug abuse. Keeping with this approach Sankalpa utilizes the services of a doctor, psychologist, pharmacist, two peer counselors, a yoga therapist, and support staffs to help 'users' get reintegrated into society as productive and useful citizens. Realizing that there is more to drug treatment than just abstaining from drugs, Sankalpa combines different therapies including group therapy, individual counseling, sharing sessions, life skill training, vocational exposure and counseling, referral services, after care and drop in facilities and exposure to self help groups and 12 step programs.

Sankalpa is a 15-bedded Centre, providing in house treatment, which requires that a 'client' be admitted at the Centre for a period of at least one month or 30 days. Even though a number of clients get discharged after completion of 30 days, there are quite a few clients who choose to stay for two or more consecutive terms. It is generally well known that 90 days (3 terms) is the best time frame for treatment and thus clients, who on their own volition are keen on extending their stay at Sankalpa, are encouraged to do so. It is on account of such measures that Sankalpa today has had some measure of success in rehabilitating 'users'. Relapse and recovery are two sides of the same coin and often relapse is seen as a part of recovery. Quite a few of our clients have been treated before be at Sankalpa or at other Centres. Relapsed clients are also welcome at Sankalpa in the hope that one cannot say with certainty when recovery shall happen. Given the very nature of the disease of addiction, it becomes difficult to have exact figures regarding relapses and recovery rates. However with the assistance of our peers and the recovering community, we get a fairly accurate picture of how our ex-clients are doing. Apart from such methods, our counselors also undertake follow up visits to our discharged or drop out clients. Sometimes such follow up visits can provide much needed support to an ex-client on the verge of relapse or even motivation to relapsed clients to seek readmission at the Centre.

One thing that Sankalpa does not do is to treat the Centre as an assembly line, where clients come and go, with each client being given the same treatment meted out to the previous client. Each client has his own drug abuse history and circumstances related to such abuse and this fact is not only respected by ours but also taken into account when coming up with a 'recovery' plan. It is not out of the ordinary for ours to undertake visits to client's homes for family counseling sessions when it has not been possible for family members to come to the Centre usually on account of disinterest or misinformation. Similarly, although it is not mandatory that the Centres pick up clients from their homes, our team members have on several occasions visited clients at their residences and provided initial motivation and even accompanied them to the Centre for admission. All this is only possible on account of personal relationships that are built with family members and clients, a special bond based on trust and mutual respect. With two peer counselors on board, clients get an opportunity to learn how recovery works in real life. Sankalpa continues to incorporate principles of Alcoholics Anonymous (AA) and Narcotics Anonymous (NA) in its treatment. A combined and multi pronged approach to treatment which includes psycho therapy, relaxation techniques, stress reduction training, assertiveness training, family counseling, group counseling, vocational counseling - along with AA and NA seems to work best. It is our experience that there is no one 'mantra' for recovery. AA and NA provide much needed support to the recovering addict or alcoholic after discharge and also provide a tailor made for dealing with the realities of life. It is our endeavour to introduce clients to such programs during their stay at the Centre and accordingly the hospitals and institutions committee of NA brings a NA meeting to Sankalpa First Sunday of every month.

We also take clients to attend NA meeting every Sunday. Literature and readings from AA and NA are part of the treatment program and there is a 'daily thought' class from either the 'Just for Today' book of NA or 'Daily Reflections' book of AA. Clients, whenever possible are encouraged to attend NA conventions or Night Vigils or Campout to give them a taste of fellowship and recovery. Since the concept of half-way houses or recovery houses has still not caught on in Orissa, a gentle easing into a 'normal' lifestyle sometimes is absent often with unfortunate results. Sankalpa attempts to help clients by providing drop in facilities and encouraging ex-clients to stay in touch and to attend NA meetings. At any given moment there are one or two clients present at Sankalpa in an after care or day care facility. Such clients help out with the day to day running of the Centre, slowly developing skills necessary to face life and regaining their lost self esteem and confidence. They also have the added responsibility of helping with discipline and leading by example just like other staff members.

A sense of togetherness is something that is fostered at OLS and Sankalpa seeks to work towards building this spirit, firmly believing that recovery, as a community effort is easier rather than done in an isolated manner. Festivals such as Holi, Diwali, Ganesh Puja and Saraswati Puja also the New Year are celebrated with clients and ex-clients at the Centre. So are acknowledgements of 'sober or clean' time. Milestones in recovery such as six, or nine months, one year and multiples of years are events that warrant celebrations – sometimes small and sometimes not so small. Similarly events such as family weddings of ex-clients and birthdays etc provide wonderful opportunities to celebrate life and to see life in a different perspective.

With great joy and happiness they celebrated their years of remaining clean and sober and the response was overwhelming. It was an evening of recovery – mixed with nostalgia of times spent at Sankalpa and the growing pain and joys of life in recovery. Above all it was a reaffirmation of life without drugs and alcohol and everything that the Scheme for Prevention of Alcoholism and Substance (Drugs) Abuse envisages. The silent scourge of HIV / AIDS can strike anyone and the injecting drug user (IDU) community is especially vulnerable. Sankalpa remains at the forefront of working with IDUs and in counseling and treating HIV +ve users. The doors of Sankalpa are open to all HIV +ve users unless they require immediate medical intervention. On account of its work in this field, Sankalpa has been cooperating Family Planning Association of India of Bhubaneswar.

#### **ACTIVITIES AND PERFORMANCES AT A GLANCE:**

- 1. Awareness and Identification
- 2. Detoxification
- 3. Counseling (in the centre and during follow up visits)
- Individual counseling
- Group counseling
- Family counseling
- 4. Meditation
- 5. Therapy

- Psychotherapy
- Motivation Enhancement Therapy
- Cognitive Behaviour Therapy
- Behaviour Change Therapy
- Group Therapy
- Yoga Therapy
- Music Therapy
- Art Therapy
- 6. Vocational Training
- Computer training
- Type writing
- Photocopying
- Spiral Binding
- Comb Binding
- Tailoring
- Laundry
- Carpentry
- Jute and Handicraft training
- Cooking etc
- 7. Yoga.
- 8. Physical Exercise.
- 9. Sharing Session (Part of Group Therapy)
- 10. Re-educative / Lecture sessions and Participatory Sessions
- 11. Recreational:
- Playing Indoor games (Chess, Carom, Ludo, Computer Games, Chinese Checkers)
- Listening to Music
- Singing
- Dancing
- Watching TV / Video
- 12. Follow up and rehabilitation program.
- 13. Day care services open to both ex-clients from our Centre as well as from other Centres.
- 14. After care services.
- 15. Support groups.
- Alcoholics Anonymous (AA).
- Narcotics Anonymous (NA).
- Volunteers.

## Drug User Data: Education

Out of 177 clients, 28 were re-admissions and 3 are drop in clients and therefore are taken into account once for the purpose of establishing the percentage calculation as far as different educational backgrounds are concerned. Out of 177 clients:

	Illiterate	05
Ď	Read & write	02
À	Primary	18
À	Middle	42
Ď	High	40
À	Higher Secondary	46

in in	Graduation	22
Ò	Post graduation	02
Á	Prof. trained	00
À	Not known	00

#### Length of stay

Readmission cases are also taken into account for the purposes of calculating length of stay as they occupy a bed. We had 28 readmission cases out of which 03 were discharged and came back again after relapse. The break up is as follows:

	1 – 10 days	00
	11 – 20 days	02
À	21 – 30 days	151
Ď	31 – 60 days	24
è	More than 60 days	00

#### **Marital Status**

The break-up of the 177 cases for marital status is as follows:

	Never married	81
Ġ	Married	89
i.	Widow / Widower	00
À	Divorced	01
À	Separated	06
Ġ	Separated due to drug use	00
i i	Not known	00

#### **Employment Status**

It has been generally felt that there is some sort of connection between earning a livelihood, and being gainfully employed vs. that unemployed vis-à-vis drug abuse. Even within the employed or working, the percentage of persons with addiction among self-employed is higher than those employed either part-time or full time for a different employer. The lack of accountability and fear of disciplinary actions may be a contributory factor in this discrepancy between the self-employed and those working for others. However, the highest number of 'users' belong to the 'Currently Un-employed' and "Never Employed' groups. The break-up of the employment status is as follows:

rà.	Currently Unemployed	70
	Never Employed	03
	Part Time	03
rà i	Full Time	19
in)	Self Employed	65
	Students	16
	Housewife	00
in)	Pensioner	01
	Not known	00

#### Referral Details

Family continues to be the main source of referral for admissions followed by recovering addicts. Both recovering addicts, especially NA members and ex-clients play a very important role in getting users admitted into Sankalpa. The total here is 177, as in the 3 relapse re-

admission cases, the referring person on the first occasion was a NA member, which subsequently changed to a family member on re-admission.

Ď	Self	03
Ď.	Friends	01
Ď	Family	156
Ď.	Social Worker	04
À	Private Doctors	01
À	Govt. Hospital	02
b	Counseling & Awareness Centre	01
À	Ex-Client or their family members	80
ř.	Law enforcement agency	01
Á	Any other	00

#### Types of Drugs Abused

The term drug of choice means that each client admitted into Sankalpa has his own choice of drug(s) that he abuses. The type of drugs abused depends on various factors such as financial background, educational qualifications, social standing, market availability of drugs etc. Most of the persons with addiction to Brown sugar were readmitted themselves for the next course and hence they reflected by less in numbers in comparison to prior years.

## CHILDLINE NODAL AGENCY FOR CUTTACK DISTRICT

As per the guideline of Childline India Foundation, Open Learning Systems (OLS) regularly visits the Collaborating Agency for monitoring and smooth implementation of the Childline Project. OLS has always deliberated its support to organize and conducting different programs to sensitize and make people aware about roles and responsibilities of Childline and ensure of child rights all over the district through outreach programme, open house programme, meeting with stakeholder and training regarding different child related issues and other concerned person.

## 7<sup>th</sup> District Child Protection Committee meeting

The 7th CAB meeting was held on 8<sup>th</sup> November 2015 in the SSA conference hall, Collectorate, Cuttack. The meeting was conducted under the chairmanship of President, Zilla Parishad and Collector, Cuttack and other members from the line department, and statutory bodies. Compliance to the decision taken in previous meeting of the committee was placed before the committee by the LPO, Cuttack and discussed.

#### **Key Decisions Facilitated**

Issue regarding the restoration of the rescued children to their present due to the non-availability of the ID Proof was raised by DCPU. In this case the Collector suggested that the CWC should verify the identity of the parents through the local authorities to expedite restoration process.

- Regarding rehabilitation of the child laborers, the suggestion was given for extensive counseling of the children. If the children agreed then vocational training will be provided to them through different training and placement agencies.
- Mainstreaming of JCL children: the issue has risen regarding the mainstreaming the JCL children and regarding the provision of the legal aid by lawyers to JCL raised by the LPO, DCPU. In this case collector directed to prepare the list and submit it to him for necessary linkages.
- Closure of unrecognized CCIs: DCPO intimated that closure process of the un-registered CCIs has started and is being taken up on a priority mode. Present status of the closure process and the rehabilitation of the children staying in these CCIs were apprised by the DCPO.
- Finalization of data base on the de-institutionalization/restoration of the children from other district: the data based for de-institutionalization will be prepared and placed before CWC for intimation to the CWCs of the concerned district for necessary action.
- Inclusion of local bodies like PRIs, ULBs and members of Voluntary Organizations and Civil Society Organizations as members of DCPC: The proposal was accepted and in the next DCPC these members will be invited to attend the meeting.

#### Observance of World Day against Child Labour

The World Day against child labour was observed by OLS as nodal agency of Childline with thrust on the following key activities.

- Open discussion
- Participatory interaction
- Rally
- Road show
- Leaflets distribution.
- Poster campaign at hospital, bus stand, railway station, movie halls etc.
- Campaign through World Day Against Child Labour Van

The World Day against Child Labour provides an opportunity to gain further support of individual governments and local authorities, as well as that of the ILO social partners, civil society and others, in the campaign to tackle child labour. The key objectives behind the campaign are as per following.

- Free, compulsory and quality education for all children at least to the minimum age for admission to employment and action to reach those presently in child labour;
- New efforts to ensure that national policies on child labour and education are consistent and effective;
- Policies that ensure access to quality education and investment in the teaching profession

Keeping these objectives in mind Cuttack Childline planned to organize a programme at Choudwar and College Square with support of Open Learning Systems. Nodal Childline organised observed "world day against child labour" in Haladi Padia slum and Saliasahi slum of Bhubaneswar city. The programme was addressed by the CEO of OLS Mr Prakash K Rath and coordinated by Mr Tanmay Senapati from OLS. Another meeting at College Square, Cuttack was addressed by Mr Narayan Shula, Mr Tanmay Senapati from OLS and Ms Niranjali from Childline Cuttack.

## Sensitisation Workshop on Destination Unknown Children on Move

OLS with support from 'DU COM' Odisha organised a workshop on the 8<sup>th</sup> of August 2015 at Nimapada, where participants from PRIs and CSOs deliberated upon key issues to arrive at the following points of resolution.

- It's a fact that as Sarapanchs are involved with many government activities, it is difficult on their part to give quality time for discussion regarding protection of children in Gram Sabha
- It was discussed that in Palli Sabhas child protection matters should be raised and discussed at length



- Register should be maintained to keep record of migrating families with details of contractors involved and children
- If any child found on the street or at any other place, it should be immediately intimated in the number 1098 or communicated to the local police station.

#### Child Rights Aligned with UN Convention on the Rights of the Child

On 29th August 2015 Childline, Nodal Cuttack had organized a programme for the children at Govt. High School, Athagarh titled 'Child Rights Aligned with UN Convention on the Rights of the Child'. In the programme Ms Snehanjali Mohanty, Member, Odisha State Commission for Women, Ms Saila Behera, Director of Childline-Cuttack graced as resource persons.



#### **OLS Organises "Childline Se Dosti"**

This annual event was held at Panchayat Model High School, Alanda, from 14<sup>th</sup> to 20<sup>th</sup> November 2015, which was attended by a large number of students. The students not only learnt about child protection services furthered by Childline but also participated in various

competitions to showcase their creativity. The programme was successful in arousing their interest in the child protection mechanism geared up by govt and voluntary organisations.







## COMMUNITY MENTAL HEALTH DEVELOPMENT PROGRAMME (CMHD)

This is the second phase of implementation of the Community Mental Health Development Programme earlier being implemented by OLS in Nimapada and Puri Sadar blocks with the support of Basic Needs India, Bengaluru. The programme caters to nearly 700 persons with mental illness out of which 448 were identified and serviced in the first phase. The programme is now being implemented with intensity in 10 Gram Panchayats. The main objectives of the programme are:

- To ensure that approximately 784 PWMIs are accessing comprehensive care including Psychosocial, medical and community level services
- To built the capacity of the project staff members for sustainable mental health interventions
- To mobilize the identified PWMIs, care givers and community stockholders towards ownership of their mental health agenda
- To advocate with Governments for the entitlements and policy changes are required for the rights and benefits of the PWMIs

#### **Target Beneficiaries**

- Persons with Mental illness
- Care Givers/Parents of PWMIs
- Other family members of PWMIs and community members

#### **Programme Activities**

- Identification and assessments of PWMIs
- Parental counseling for access to treatment of the treatment of the PWMIs
- Counseling to PWMIs.
- Regular Psychiatric medical consultation for treatment.
- Provision for the medicines for identified PWMIs
- Regular follow-up.
- Regular DPO meeting.

#### Observance of World Mental Health Day

The day was celebrated on 10<sup>th</sup> October 2015 at CBR project office with participation of many Ward members, Sarapanchs, parents of PWDs and PWMIs, CBO members and community members where an awareness meeting was held and information disseminated on the major aspects of the nature of mental illness, the Recovery Mechanism, the support



required from the community and the right to life with dignity of the PWMIs. A small Rally went around the village to make people aware about the occasion. BNI team comprising of representatives from Assam, Jharkhand, Meghalaya, Manipur, Kerala, Tamilnadu, Bihar and Odisha visited our project area on a exposure visit and interacted with the family support group members at our pilot Panchayat Badasiribila in the month of April 2016.

#### Achievements in the reporting period

- Total number of New PWMIs identified-355
- Total number of PWMIs under Treatment-199
- Total number of PWMIs receiving livelihood support-6

## The Success Story of Binapani: Shift from Dole to Dignity

Name Binapani Barik, Age-45 Batakrusna Barik, C/o Village Bhagabansundara

Badasiribila GP

Binapani Barik (In the Picture) at present stays with her family at Bhagabansundara village of Badasiribila Gram Panchayat. She was suffering from mental illness for the last 5 years. After regular treatment administration of prescribed medicine now her condition remains stable. Following discussion with her family members, the **CMHD** project functionaries decided to provide her



with a financial support of Rs.4700/- to start a sustainable business. After receiving the support she started her business and now she is earning Rs.100 per day by selling milk. All her family members have started supporting her in her business and the villagers have been feeling quite motivated witnessing the saga of this transformation in life. Binapani also ambitiously thinks of expanding her dairy business and she has acknowledged the handholding support provided by the concerned project functionaries in this regard. "Catering to mental health needs in the unreached pockets has always remained as the prime most concern in major project level interventions and our dedicated project team keeps no stone unturned to realise the cherished goals as mandated by the supporting agencies" says Prakash K Rath, CEO, Open Learning Systems, who makes it a pertinent point to boost the morale of the functionaries right at the ground zero itself.

# ODISHA ALLIANCE FOR CHILD RIGHTS: OLS TAKES A LEAD ROLE IN STATE LEVEL ALLIANCE BUILDING

Open Learning Systems being one of the frontline voluntary organisations working for protection and realisation of the "Rights of the Child" in Odisha, proposed strengthening of the movement by concerted efforts and alliance building of organisations working in the same field in different parts of Odisha in a meeting of a group of like-minded heads of such organisations in August 2015 held in the campus of the Odisha Voluntary Health Association. After some deliberations it was decided to name the alliance "Odisha Alliance for Child Rights (OACR)". The organisations whose representatives were present in the meeting were taken as the founder members. It was decided to have the Secretariat in the office of PECUC in Bhubaneswar. PECUC also took up the responsibility of drafting the Memorandum and By Law of the alliance in consultation with Clinical Legal Aid for the Poor (CLAP), Cuttack and getting the alliance registered.

In the subsequent meeting held on 6<sup>th</sup> January 2016 with a larger group of representatives of organisations from across the state, the Executive Committee was elected. Prakash K Rath, Chief Executive Officer, OLS was elected the Vice Chairperson in absentia by unanimous choice. The registration is in the process of being formalised. However, the alliance has informally taken up the issue of child labour and violence against children in its brief period of existence by holding workshops and deliberation sessions among its members.



OLS took a lead role in spearheading a special dissemination event of 'Budget for Children' on 11 January 2016 at Bhubaneswar. Mr Surendra Sahoo, from CYSD-OBAC gave a presentation on "Budget for Children in Odisha Context- Trend & Future Prospective". On the occasion, Mr Laxmi Narayan Nanda, Child Protection Specialist, UNICEF; Ms Ruby Rout, Adoption Centrum; Mr Ashis Sarkar, CRY; Ms Maitrayee Mondol, Save

the Children; Mr Debendra Kumar Swain, Aide-et-Action; Mr. Ranjan Kumar Mohanty, PECUC and Mr. Prakash K Rath, OLS were unanimous in their opinion for focus on increase of investment for children in various sectors including child health, child development, child

education and children in difficult circumstances. Child representatives Ms Puja Das, Ms Santoshini Behera, Ms Rosy Behera and Ms Deepa Sahoo participated in the deliberations and opined that Children's Development should be given top priority by the Government in its budget.

# OLS BECOMES AUTHORISED LEARNING CENTRE OF OKCL FOR OS-CIT

The Government of Odisha has recently promoted an innovative and well articulated complete computer course named "Odisha State Certificate in Information Technology (OS-CIT)" through the Odisha Knowledge Corporation Ltd. to provide computer knowledge to the



students of Odisha at an economic price and to increase their employability. Now computer knowledge and skill is necessary in every field of job and daily life.

OLS has been selected as an Authorised Learning Centre (ALC) of the OKCL to impart courses of the OS-CIT. The computer course provided by the OS-CIT Course has advantages over the computer course provided by other private institutes, because the certificate provided by ALC is recognized by the Government of Odisha. Another benefit of the course is that, one gets multifarious courses at a economic price tag. Also the teaching qualities of the teacher will be better than other institutes without relevant affiliations. OLS has become a proud partner to such skill building initiative by providing infrastructure and technical support for actualising such an ambitious project by Odisha Knowledge Corporation Ltd.

Information Technology has come of age in the last five years or so. It has made progress by leaps and bounds in this period and has the widest range of services and opportunities to choose from for the youngest to the oldest generation. OLS saw the opportunity being provided in this field by Odisha Knowledge Corporation Limited and applied for an Authorised Learning Centre. After due diligence by OKCL, OLS was found to be having the requisite

expertise, human resource and infrastructure to conduct the Certificate in Information Technology. It was declared an ALC in January 2016.

The courses being offered are:

- 1. Basics of computers
- 2. Hardware and software
- 3. Office automation process
- 4. MS Office
- 5. Tally ERP



- 6. Auto CAD
- 7. Web Designing
- 8. Internet
- 9. A host of other user friendly softwares

The courses are of two months duration. The first such batch with 5 trainees has been completed by OLS in the reporting period.

## COLLABORATION WITH YOUTH 4 JOBS FOR BUILDING THE CAPACITIES OF YOUTH WITH DISABILITY

Persons with Disabilities constitute 2.1% of India's population which is about 26.81 million (as per 2011 Census); among them there are 4.1 million in the employable age of 19-29. Barely 2% are educated and 1% is in employment. Skill



Development and Employment in an organized sector is an opportunity for young people with disability to exhibit their talent, demonstrate their abilities, grow capabilities and overcome the stigma/barrier of disability. The Indian economy has grown rapidly per capita GDP increased from \$322 to \$1552 during 1992-2012. However, persons with disability, especially those from poor families, have not benefited from this economic growth. Youth4Jobs (Y4J) works on a multipronged strategy which is uniquely designed to involve all the stakeholders and create larger impact on the target group. Y4J works to systematize the entire process of linking PwDs to labour markets to ensure impact with scale and quality. So Skill building is a key area of the entire program which aims at enhancing the skill set and develops capability of the PwD Youth. In a batch of 25-30 Persons with Disability each person is different in terms of degree of disability, mobility constraints and educational background.

OLS has collaborated with Y4J, Hyderabad, a voluntary organization which sets up placement-linked skilling centres for youth with disability. Youth enrolled are with locomotors, speech & hearing disability and with low vision. Most of the youth are from rural areas and all are from poor families. Y4J also helps companies build an inclusive workforce. Y4J trainings have scaled in 4 years: From 1 state to 10 states and from 1 training centre to 20 training centres.

#### CONSOLIDATION OF "CHILDREN'S RIGHT TO PLAY"

OLS being one of the long standing partners of the National Alliance of Grassroots NGOs (NAGN) has been striving to consolidate and strengthen the alliance to fight for the Rights of the Children in India. One of the most important aspects of the children's development is "play". This aspect is grossly neglected by almost everyone who is responsible for the child, be it the parent, guardian, teacher, government, school, college etc. OLS through NAGN had

taken up the issue with a PIL in the Supreme Court in this regard and has been conducting various events and programmes for promoting the Children's Right to Play.

#### Celebration of World Play Day at Nimapada, Odisha

"Children's Right to Play" was given emphasis by speakers in an event organised by Open



Learning Systems on the occasion of celebration of "World Play Day" on 28<sup>th</sup> May 2016 held in the Town Hall of Nimapada in Puri district of Odisha. An awareness generation on Children's Right to Play was organised along with the Preparatory Camp for Participation in the Unified

Floorball National Championships of Special Olympics Bharat to be held in Himachal Pradesh in the first week of June 2016.

The Chief Guest of the event, Mr. Prashant Sahu, Nimapada Reporter of Odia daily, Pragatibadi, emphasised the need for providing opportunities and facilities for the realisation

of the children's right to play.

The Chief Executive Officer of Open Learning Systems and the Area Director of Special Olympics Bharat-Odisha, Mr. Prakash K Rath, gave the keynote address highlighting the need for celebration of World Play Day to spread awareness among the parents, teachers,

communities and the Government who are violating the Children's Right to Play leading to



stunted and under growth of children, physically, intellectually, psychologically and socially. Mr. Rath, however, clarified that the State Government is now putting in efforts to provide quality infrastructure for sports even in rural areas like building 100 mini stadiums in Gram Panchayats and the yesterday's direction of the Chief Minister to develop outdoor play

infrastructure in 1000 villages within 2 months. These decisions and efforts are commendable and need to be implemented properly.

The inaugural session was followed by the preparatory camp for the State teams (male and female) of Odisha which will participate in the upcoming National Championship in Unified Floorball and vie for selection for the World Winter Games 2017 to be held in Austria next year. Unified Games are held among teams comprising of Athletes with Intellectual Disability and Partners without Disability. Unified Sport has been introduced by Special Olympics International with an objective of putting in place systems and processes through sports



which will ensure rightful inclusion of persons with intellectual disability in the mainstream society that otherwise neglects, marginalizes and abuses them. Unified Sports also leads to realisation of the right to life with dignity of the persons with intellectual disability.

The preparatory camp was conducted under the supervision and guidance of the National

Trainers of Special Olympics Bharat, Ms. Swagatika Parida and Ms. Arpita Mohapatra ably supported by Local Trainers, Mr. Bharat Chandra Majhi and Mr. Kalandi Charan Bhoi. The program was held in collaboration with Special Olympics Bharat-Odisha and the Odisha Chapter of National Alliance of Grassroots NGOs (NAGN) and was supported by Adoptionscentrum, Sweden.

The athletes and partners had a great time showcasing their skills and playing to their hearts content. The Chief Guest, Mr. Sahu, expressed his appreciation of the efforts of OLS, Special Olympics Bharat-Odisha and National Alliance of Grassroots NGOs Odisha Chapter in promoting Children's Right to Play and sports for persons with disability in particular.





# DIPLOMA IN EDUCATION (SPECIAL EDUCATION - CEREBRAL PALSY)

The need for developing a cadre of professionals to carry forward the supportive and advocacy activities for the children with special needs, Open Learning Systems provides a two year full time "Diploma in Education, Special Education, Cerebral Palsy (D. Ed. SE-CP)" approved by the Rehabilitation Council of India (RCI), New Delhi with 30 students per year. OLS has so far completed 16 batches. Almost all the students who have passed out of OLS have been absorbed in the Government of Odisha services for the persons with disabilities like the SSA.

The training centre provides both theoretical knowledge and practical experience of dealing with children/persons with cerebral palsy, autism, intellectual disability and multiple disabilities under various circumstances. The trainees were given training to handle behaviour problems of the children, guide the family regarding availability of services and assistance facilities. During the year the services of 14 external expert guest faculties were availed by the centre.

As a part of the training curriculum the trainees are given exposure visit to different local as well as outside institutions to get exposed to the best practices. This year the first year trainees were taken on an outbound program to Chennai. They visited three Institutions namely National Institute for Empowerment of Persons with Multiple Disability (NIEPMD), Vidya Sagar and Spastic Society of Tamil Nadu. These institutions



offer valuable services to children with different abilities. They empower these children in partnership with their parents for providing quality service.

The second year trainees were taken to visit the local Institutions like: Swami Vivekananda National Institute Rehabilitation, Training and Research (SVNIRTAR), Vocational Rehabilitation Centre for Handicapped (VRCH), Training Centre for the Teachers of the Deaf (TCTD) and Institute of Health Science (IHS) in Bhubaneswar. The trainees also undertook a week long exposure visit to Nimapada to observe the Community Based Rehabilitation of Children with Disabilities being implemented by OLS.

#### **CELEBRATIONS:**

The trainees and staff members of the Training Centre participated in the following events that were observed in the premises of OLS:

- Independence Day
- Republic Day
- RakshyaBandhan
- Holi
- Diwali

PICNIC: The students of both the years went for a picnic at Chandikhol on 7<sup>th</sup> February, 2016.

WORKSHOPS: This year trainees of the Diploma in Special Education (Cerebral Palsy) were given the chance to participate in different workshops on disabilities



conducted by OLS like Continued Rehabilitation Education (CRE) programme in OLS and on AAC programme at SVNIRTAR.

ACHEVEMENT: The result of 2013-2015 batch was declared in the month of May 2016. Eight students secured first class with distinction. Twelve students got first class and five students got second-class.

### CHILDREN'S HOME (CHILD CARE INSTITUTION)

OLS has been recognized and registered by the Women & Child Development Department, Government of Odisha as a Child Care Institution (CCI) under the Juvenile Justice Act since 2004 providing home environment and services to children in need of care and protection. In the reported year, OLS catered to 34 children with disabilities from the autism, cerebral palsy, intellectual disability and multiple disabilities categories. These children have been rescued from various places by the Government agencies like Childline, Police, CWC et al and referred to this Home. These children live here in a homelike environment with foster mothers to take care of them. All requisite infrastructure and facilities as prescribed by the Government are available in this Home. Utmost care is taken to provide the best possible services and the Child's Best Interest is the serving guideline under which the Home operates.

- Number of House Mothers 8
- Cook and assistant 2
- Number of girls -23
- Number of boys –11
- Number of Children with Cerebral Palsy 12
- Number of Children with Intellectual Disability 10
- Number of Children with Autism 5
- Number of children with multiple disabilities 7

All the children are exposed and enrolled into the Special Education imparted by OLS. They have all their rights protected in the Home and are given opportunity to fulfill their 4 fundamental rights of life, security, development and participation.

The children have formed a club named LIGHT CLUB, for group development. In the reported year the children participated in all the activities conducted as part of the Centres of Special Education already enumerated in the previous pages. A special camp was organized by the

Sai International School of Bhubaneswar exclusively for the children of the Home.

#### Achievements of the inmates

- Dadhichi and Priya who have been enrolled in the mainstream school passed class 5<sup>th</sup>successfully. They have got admission in Vivekananda High School.
- Dadhichi and Priya once again received the National Award in the painting competition held by the Very Special Arts.
- Mukesh and Tulasi also got admitted into the general school.
- Itishree, Biswanath and Purnima were enrolled in the Anganwadi Centre





All the 34 children have been produced before the CWC and 11 inquiry reports submitted by February 2015. As per the Juvenile Justice rule, FIR have been filed in the case of 21 children (0 -14) Boy - 11, Girl 10 submit FIR in Nearby Police station.

### "Sambhab" - Special School for CP and ID at Puri

Open Learning Systems has been running a Special School for Children with Cerebral Palsy



and Intellectual Disability since 1994 by the name, "Sambhab", in the tourist town of Puri which has a sizeable population of these categories and children who do not have any other educational or vocational institutions to go to. In order to up scale the skills and abilities of children with disabilities towards providing them formal education, mitigating the effects of their disability, providing

various therapeutic interventions, building their skills in sports and other extra-curricular activities, and the most important aspect is providing them an opportunity to protect their rights and ensuring the inclusion in the mainstream society to lead a life with dignity; Sambhab has played a significant role.

However, under the circumstances where the realistic



financial support is missing from external sources to the organization, ensuring the rights of a child with disability will not bear any fruit. It is because every enactment about the child rights including the Persons with Disabilities Act (Equal Opportunities, Protection of Rights and Full Participation) necessarily entails the allocation of funds as a budgetary provision.

During the year 56 students attended and benefited from the school on a daily basis and many others from the outreach programmes held in the slums of Puri.

#### No. of students in the Special School for CP and ID:

Care Group		Pre Primary Group		Primary Group		Secondary Group		Prevocational Group	
Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
1	2	2	2	18	2	10	5	12	2

#### Activities conducted during the year:

- Individualized Education Plan (IEP) developed and followed for all children.
- Functional academics.
- Therapeutic inputs like physiotherapy, occupational therapy, speech therapy, yoga and clap therapy, art and craft group therapy, early stimulation (sensory) etc.
- Sports and games skill development
- Activities of daily living with home based management.
- Behaviour management program with parental orientation
- Mobility and orientation training to school, community and other regular activities.
- Speech and language training.
- Training on house decoration materials: key ring, sankha, artificial flower bouquets, candle stand and incense stick making
- Cultural activity (Music & Dance)
- Outing for the students.

#### Highlight:

The major achievement of the year was the completion of the 6 months duration training of 25 students in Mobile Phone Repairing in April 2015 which was conducted in collaboration with the



National Institute of Empowerment of Persons with Multiple Disabilities (NIEPMD), Chennai.

#### Counseling of Parents/Care Takers/Children:

This is a special unit of Sambhab that provides free counseling service to the parents and children. Counseling helps them overcome their emotional problems and increases their self-confidence. Special care is taken to make the services available to persons from far off places where no facilities exist.

Sambhab closely works with the school going children with disabilities, their parents and the teachers. It plays activist's role in ensuring justice and support to the victim child at all levels by working with other likeminded individuals, organizations and government.



#### **NETWORKING AND ADVOCACY**

Sambhab has been networking with various Government offices like Block Development Office, Puri Municipality, District Social Security Office, Chief District Medical Office, Swami Vivekananda National Institute of Rehabilitation Training And Research (SVNIRTAR), District Disability Rehabilitation Centre (DDRC) and District Project Coordination Office of Sarva Shikshya Abhiyan for better service delivery and benefits from the various schemes of the Government.

#### ACHIEVEMENTS OF OLS AT THE NATIONAL AND INTERNATIONAL

#### **LEVEL**

#### National:

#### The Derozio Award for Education & Human Enrichment

Open Learning Systems was conferred with the prestigious Derozio Award for 2015 during



the 94<sup>th</sup> Annual Conference of the Association of Heads of Anglo-Indian Schools in India held at St. Joseph's Academy, Dehradun. The national award was instituted by the Council for Indian School Certificate Examinations (CISCE) in 1999 and is given out to educationists and institutions for outstanding work in the field of "Education and Human Enrichment" every year. The award consists of an engraved gold medal, a silver citation plaque, a certificate and Rs.1

lakh in cheque.

The CEO, OLS received the award from the hands of Dr. K.K. Paul, the Governor of Uttarakhand on 4<sup>th</sup> January 2016, the first day of the Conference with the theme "Challenges and Innovation in Education Today".



## DEROZIO AWARD FOR EXCELLENCE IN THE FIELD OF EDUCATION AND HUMAN ENRICHMENT TO OPEN LEARNING SYSTEMS

NACG-EVAC INDIA <NACGEVAC.INDIA@GMAIL.COM>

7 Jan 2016

to ABHOY, Akhil, Albert, Andal, Bitty, BKS, CCA, Digambar, Dr, Dr.Sushil, Foundation, HPVHA, IACR, impulsengonetw., karumuru, Kshyamakar, Kuldeep, Madan, Manabendra, Mary, mcfglobal, Mikhael, Nagaland, nerdwmmegh, nespym

#### Dear friends,

It gives us immense pleasure to share with you the good news that Open Leaning Systems, National Board Member of NACG-EVAC India has been awarded the Derozio award. Our friend Prakash K Rath received the award from Dr K.K. Paul, Governor of Uttarakhand.

Please find attached herewith the news clipping and picture of receiving the award. Please join us in congratulating OLS in adding another feather to its cap. It is time for everyone to rejoice.

Congratulations, Open Learning Systems.

Dr Chiranjeeb Kakoty

National Action & Coordination Group for Ending Violence Against Children, India

Chair
NESPYM
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#### Utilizing the knowledge and expertise for human enrichment in other States



In view of the expertise and experience in the field, the CEO of OLS, Mr. Prakash K Rath, was chosen by SoulAce CSR Consulting Services, Gurgaon to conduct a "Need Assessment for Paediatric Health-Care Services" in the State of Sikkim for the reputed Glenmark Pharmaceuticals Lts. and recommend feasible

projects and implementing agencies from the State. The assignment was undertaken and completed in November 2015. Project proposals for 6 different interventions were recommended to Glenmark. The 1<sup>st</sup> one in the list of projects, "Health On Wheels (HOW)", a Mobile Children's



Health Unit was approved by Glenmark for implementation for 3 years in the first phase through Voluntary Health Association of Sikkim, the agency recommended by Mr. Rath.



Mr. Rath was again engaged for project initiation, capacity building of the project implementing staff members, building rapport with the Government Health functionaries and the communities and providing supportive supervision to the implementing agency. Now the project is in operation bridging the gap in the health-care service delivery of the Government and

strengthening its hands by reaching out to the pregnant and lactating women and children below 6 years through its mobile unit in Tumlabong, Chuba, Namli, Namin, Samlik-Rumtek and Marchak areas in the hilly East District of Sikkim. The population coverage would be around 20000.



#### International:

#### Excellence in promotion and achievement in Sports for the Persons with Disability

Ms. Sarita Routray, a student of the Vocational Training Centre of OLS at Bhubaneswar and



an all-rounder excelling in several games and sports at the National Level, proved her mettle once again and was selected to represent India in the World Summer Games held in Los Angeles, Unites States of America from 23<sup>rd</sup> July to 4<sup>th</sup> August 2015. She came back with a Gold Medal in the Unified Beach Volleyball showing her class

by partnering with athletes without disability and matching their skills in the team game. The extent of Sarita's achievement can be judged by the fact the there were 6500 athletes from

177 countries participating in the World Games.

It was a huge honour for OLS when Sarita's coach and mentor, and coach engaged by OLS to promote sports and games among its students and other special schools and an avid adventure sports specialist with a Limca Book of Records in her name, Ms. Arpita Mohapatra was also selected as the



Head Coach of India in Aquatics for the team participating in the World Summer Games in Los Angeles, USA. Her team excelled in their events bagging 2 Gold, 2 Silver and 3 Bronze medals.

# DISTINGUISHED VISITORS TO THE CENTRES OF SPECIAL EDUCATION

SI.	Distinguished Visitors	Date	Organization
ı	Mr. Hari Prasad Anne Principal	15/04/15	Gandhi Institute of Engineering and Technology(GIET), Khordha
2	Head and Staff of VFS Global Services Pvt. Ltd.	09/05/15	VFS Global Services Pvt. Ltd.
3	Mr. Rajendra Kumar Kar Financial Consultant	15/06/15	Adoption Centrum, Sweden
4	Mr. L Ram Babu, DGM (HR) Ms. Sujita Rath, Sr Manager (HR) Mr. AK Rout, Dy Manager (HR)	09/07/15	National Thermal Power Corporation (NTPC), Govt of India, Zonal Office, Bhubaneswar
5	Mr. Sreepati Hansda Sr Divisional Manager	03/09/15	Life Insurance Corporation of India Divisional Office, Bhubaneswar
6	Students of Class XII B	16/09/15	LOYALA School, Bhubaneswar
7	Mr. Saswata Mishra, IAS Commissioner-cum-Secretary to Government Mr. Bibhuti Bhusan Pattnaik, OAS (SAG) Addl Secretary to Government. Mr. Ashok Kumar Behera, OAS Deputy Secretary to Government	23/09/15	Department of Social Security & Empowerment of Persons with Disabilities, Government of Odisha.
9	Mr. Himansu Sekhar Satpathy Education Officer	09/10/15	Regional Science Centre, Bhubaneswar
10	Dr Minati Behera State Commissioner for Persons with Disabilities	05/11/15	State Commission for Persons with Disabilities, Government of Odisha.
11	Mr. Vishal Gagan, IAS Director, Department of Disability Affairs	07/11/15	Ministry of Social Justice & Empowerment, Department of Disability Affairs, Government of India.
12	Ms. Rekha Gupta Ms. Swati Mohapatra Ms. Madhumita Das	12/11/15	National Thermal Power Corporation (NTPC), Zonal Office, Bhubaneswar
13	Ms. Preeti Ray Chand President	14/11/15	NALCO Mahila Samiti Bhubaneswar
14	Ms. Sushree Sangita Sahoo Asst Professor, Special Education	23/11/15	Chetana College of Special Education Bhubaneswar
15	Mr. Aditya Gupta	19/12/15	Social Worker Pokhariput , Bhubaneswar
16	Ms. Sophic Baylac	14/01/16	Consultant, Overseas
17	Mr. Surya Kumar Sarangi Chief Manager (Personnel)	26/01/16	Mahanadi Coal Field Limited (MCL), Corporate Office, Bhubaneswar
18	Ms. Valentm Felmoju Physiotherapist, Hanelf University	08/02/16	Consultant, Handicap International,
19	Dr. Bal Gopal Mishra Physiotherapist	03/02/16	Ruchika Social Service Organization, Bhubaneswar
20	Dr. Gobinda Chandra Parida, ARM, Baliapal Mr. Kasinath Sahu, ARM, Baliapal Ms. Pratima Parida, Social Worker Mr. Biplab Mallick, Social Worker	19/02/16	Members, Inspection team Children's Home, District Child Protection Unit (DCPU), Khordha